

# Aptamil Nutriprem 2 Post-Discharge Liquid (90ml)

Aptamil Nutriprem 2 Post-discharge formula is a Food for Special Medical Purposes for the dietary management of preterm and low birthweight infants post discharge. It is a nutrient-dense formulation, which has been developed to meet the increased nutritional needs of preterm and low birthweight infants prior to and once discharged from hospital. The post discharge formula is designed to bridge the nutritional gap between low birthweight and term infant formula. Aptamil Nutriprem 2 post discharge formula has higher levels of nutrients than standard infant milks to support catch-up growth for preterm infants. It can be used for infants until 6 months corrected age. It is nutritionally complete and contains prebiotic oligosaccharides (GOS/FOS\*) and milk fat, which are currently not contained in other post discharge



formulas in the UK. It also contains long chain polyunsaturated fatty acids (LCPs), nucleotides, vitamins and minerals to help meet the requirements of preterm bottle-fed infants after hospital discharge. Aptamil Nutriprem 2 post discharge formula is available in 90ml ready-to-feed bottles (hospital use only), and 200ml liquid format, and 800g powder. \*Galacto-oligosaccharides/Fructo-oligosaccharides.

Product	Order Code
Aptamil Nutriprem 2 post-discharge formula (Liquid) 90ml Bottle	646925

## Indications

Hospital use only

## Contra-Indications

Not suitable for intravenous use. Levels of most vitamins and minerals in Aptamil Nutriprem 2 post discharge formula are higher than in infant milks used for term infants. Aptamil Nutriprem 2 post discharge formula is nutritionally complete, therefore additional nutrient supplementation may not be needed for bottle-fed preterm infants post discharge.

## Preparation and directions for usage

All Aptamil products carry preparation instructions.

## Ingredients

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Water, Skimmed **milk**, Lactose (from **milk**), Vegetable oils (High oleic sunflower oil, Rapeseed oil, Sunflower oil, Medium chain triglycerides (Coconut oil, Palm oil), Evening primrose oil), Galacto-oligosaccharides (GOS) (from **milk**), Anhydrous **milk** fat, Maltodextrin, Whey protein (from **milk**), Phospholipid (from egg), Precipitated **milk** minerals, Fructo-oligosaccharides (FOS), **Fish** oil, Acidity regulator (Citric acid), Calcium hydroxide, Potassium hydrogen carbonate, Potassium chloride, Inositol, Oil from *Mortierella alpina*, Vitamin C, Choline chloride, Emulsifier (**Soy** lecithin), Iron Lactate, Taurine, Sodium chloride, Potassium hydroxide, Zinc sulphate, Vitamin E, Magnesium oxide, L-Carnitine, Cytidine 5'-monophosphate, Niacin, Uridine 5'-monophosphate sodium salt, Pantothenic acid, Inosine 5'-monophosphate sodium salt, Antioxidant (Ascorbyl palmitate), Adenosine 5'-monophosphate, Guanosine 5'-monophosphate sodium salt, Thiamin, Riboflavin, Vitamin A, Vitamin B6, Copper sulphate, Folic acid, Potassium iodide, Vitamin K1, Sodium selenite, Manganese sulphate, Biotin, Vitamin D3, Vitamin B12. **Allergy Advice:** For allergens, see ingredients in **bold**.

## Shelf life

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9 months. Best before date: see side of bottle.

## Storage

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Please see packaging for further information. Once opened, unused milk can be kept refrigerated for max. 8 hours. For hygiene reasons, if fed from the 90ml ready-to-feed bottle, discard contents within 1 hour of opening. Store ready-to-feed bottles in a cool, dry place away from sunlight before opening.

## Suitability

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Halal and Kosher

This is intended to show suitability of products for religious or dietary reasons. Some products may be suitable for kosher or halal diets but only products with Kosher approval or Halal certification have been identified here. Some individual flavours/variants may not be suitable and for more information please call our Resource Centre.

Macro-Nutrients

Nutrients	Unit	per 100ml
Energy	kcal	72
Energy	kJ	301
Protein	g	2
whey	g	1.2
casein	g	0.8
Carbohydrate	g	7.2
sugars	g	6
lactose	g	5.7
polyols	g	0.1

inositol	g	0.021
Fat	g	3.8
saturates	g	1.5
mono-unsaturates	g	1.7
polyunsaturates	g	0.6
long-chain polyunsaturated fatty acids	g	0.041
Arachidonic acid (AA)	mg	18
Docosahexaenoic acid (DHA)	mg	18
MCT	g	0.3
Salt	g	0.07
Fibre	g	0.6
galacto-oligosaccharides	g	0.48
fructo-oligosaccharides	g	0.08

## Vitamins

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Nutrients	Unit	per 100ml
Vitamin A	mcg	100
Vitamin D	mcg	1.8
Vitamin E	mg TE	2.1
Vitamin K	mcg	5.9
Thiamin	mg	0.09
Riboflavin	mg	0.16
Niacin	mg	1.2
Pantothenic acid	mg	0.58
Vitamin B6	mg	0.08
Vitamin B12	mcg	0.24
Biotin	mcg	3.1
Folate	mcg	53
Vitamin C	mg	12

# Minerals

Nutrients	Unit	per 100ml
Sodium	mg (mmol)	28 (1.2)
Potassium	mg (mmol)	81 (2.1)
Chloride	mg (mmol)	52 (1.5)
Calcium	mg (mmol)	83 (2.1)
Phosphorus	mg	48
Magnesium	mg (mmol)	7.2 (0.3)
Iron	mg	1.2
Zinc	mg	0.9
Copper	mg	0.06
Manganese	mg	0.005
Fluoride	mg	≤0.007
Molybdenum	mcg	≤6.5

Selenium	mcg	3.2
Chromium	mcg	≤6.5
Iodine	mcg	22
Phosphate	mmol	1.5

### Other nutrient information


Nutrients	Unit	per 100ml
L-carnitine	mg	2.4
Choline	mg	23
Non-caloric carbohydrate (Galacto-oligosaccharides)	g	0.2
Taurine	mg	4.8
Nucleotides	mg	3.2
Osmolality	mOsmol/kg H2O	330
Potential Renal Solute Load	mOsmol/l	180



Osmolarity	mOsmol/l	290
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### Important notice

 Breastfeeding is best for babies. Aptamil Nutriprem 2 is a Food for Special Medical Purposes for the dietary management of preterm and low birthweight infants post discharge. It should only be used under medical supervision, after full consideration of the feeding options available including breastfeeding. Suitable for use as the sole source of nutrition for preterm and low birthweight infants until 6 months corrected age.

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