

Aptamil First Infant Milk (ready to feed)

Aptamil® First Infant milk, with a 26% fermented dairy-based blend, is a nutritionally complete* breastmilk substitute, suitable as sole source of nutrition from birth to 6 months and as part of a weaning diet from 6 to 12 months. Also contains DHA. *As required by the legislation for all infant formula. Aptamil® First Infant milk, a patented formulation containing our blend of scGOS/lcFOS**. **short-chain galacto-oligosaccharides / long-chain fructo-oligosaccharides



**Product not available for
online sampling.**

Product	Order Code
Aptamil First Infant Milk 70ml ready to feed bottle	676854

Contra-Indications

i. Not suitable for intravenous use. ii. Not suitable for cows' milk allergy or lactose intolerance. iii. Not suitable for vegetarians.

Preparation and directions for usage

All Aptamil® products carry preparation instructions. Please see packaging for further information.

Ingredients

Water, Dairy-based blend (of which 26% is fermented) [Skimmed milk, Lactose (from milk), Vegetable oils (High oleic sunflower oil, Coconut oil, Rapeseed oil, Sunflower oil), Demineralised whey (from milk), Emulsifier (Soy lecithin), Whey concentrate (from milk), Fish oil, Acidity regulator (Citric acid), Calcium phosphate, Vitamin C, Potassium chloride, Choline chloride, Potassium citrate, Sodium citrate, Inositol, Magnesium chloride, Pantothenic acid, Antioxidant (Vitamin C), Vitamin E, Nicotinamide, Calcium carbonate, Thiamin, Riboflavin, Vitamin B6, Folic acid, Potassium iodide, Vitamin K1, Biotin, Vitamin B12], Galacto-oligosaccharides (GOS) (from milk), Milk protein, Emulsifier (Mono- & diglycerides of fatty acids), Fructo-oligosaccharides (FOS), Oil from *Mortierella Alpina*, Potassium bicarbonate, Potassium hydroxide, Calcium hydroxide, Sodium chloride, Sodium bicarbonate, Potassium dihydrogen phosphate, Ferrous lactate, Magnesium oxide, L-Carnitine, Zinc sulphate, Copper sulphate, Vitamin A, Manganese sulphate, Sodium selenite, Vitamin D3. Allergy Advice: For allergens, see ingredients in bold.

Shelf life

Best before date: see individual packaging.

Storage

Aptamil® First Infant milk Liquid 70ml should be stored in a cool, dry place. Bottles should remain in the box or in a dark place to protect the contents from light. Once opened, unused milk in the original bottle or sterile syringes, can be kept refrigerated ($\leq 4^{\circ}\text{C}$) for max. 8 hours. For hygiene reasons,

discard unfinished milk in the feeding bottle immediately after use, and always after 1 hour.

Suitability

Halal

This is intended to show suitability of products for religious or dietary reasons. Some products may be suitable for kosher or halal diets but only products with Kosher approval or Halal certification have been identified here. Some individual flavours/variants may not be suitable and for more information please call our Resource Centre.

Macro-Nutrients

Nutrients	Unit	per 100ml
Energy	kcal	66
Energy	kJ	276
Protein	g	1.3
Whey	g	0.7
Casein	g	0.7
Carbohydrate	g	7.3
Sugars	g	7.2
Lactose	g	7

Polyols	g	0.007
Inositol	g	0.007
Fat	g	3.4
Saturates	g	1.0
Mono-unsaturates	g	1.6
Polyunsaturates	g	0.7
Long-chain polyunsaturated fatty acids	g	0.038
Arachidonic acid (AA)	mg	16.5
Docosahexaenoic acid (DHA)	mg	16.5
Fibre	g	0.6
Galacto-oligosaccharides (GOS)	g	0.48
Fructo-oligosaccharides (FOS)	g	0.08

Vitamins

Nutrients

Unit

per 100ml

Vitamin A	mcg	58
Vitamin D	mcg	1.44
Vitamin E	mg TE	1.3
Vitamin K	mcg	5.5
Thiamin	mg	0.07
Riboflavin	mg	0.13
Niacin	mg	0.43
Pantothenic acid	mg	0.53
Vitamin B6	mg	0.05
Vitamin B12	mcg	0.16
Biotin	mcg	1.9
Folate	mcg	14
Vitamin C	mg	9.2

Minerals

Nutrients

Unit

per 100ml

Sodium	mg	23.0
Potassium	mg	86
Chloride	mg	51
Calcium	mg	50
Phosphorus	mg	36
Magnesium	mg	5.4
Iron	mg	0.53
Zinc	mg	0.48
Copper	mg	0.050
Manganese	mg	0.003
Fluoride	mg	≤0.006
Molybdenum	mcg	-
Selenium	mcg	2.5
Chromium	mcg	-
Iodine	mcg	13

Amino-Acids

Nutrients	Unit	per 100ml
L-Alanine	mg	55
L-Arginine	mg	40
L-Aspartic Acid + L-Asparagine	mg	123
L-Cyst(e)ine	mg	21
L-Glutamic acid + L-Glutamine	mg	282
Glycine	mg	25
L-Histidine	mg	34
L-Isoleucine	mg	75
L-Leucine	mg	136
L-Lysine	mg	119
L-Methionine	mg	33
L-Phenylalanine	mg	55

L-Proline	mg	116
L-Serine	mg	76
L-Threonine	mg	64
L-Tryptophan	mg	22
L-Tyrosine	mg	56
L-Valine	mg	81
L-Methionine + L-Cyst(e)ine	mg	54
L-Phenylalanine + L-Tyrosine	mg	111

Other nutrient information

Nutrients	Unit	per 100ml
L-carnitine	mg	2.0
Choline	mg	22
Taurine	mg	0.07
Non-caloric carbohydrate (Galacto-oligosaccharides)	g	0.2

Osmolarity	mOsmol/l	310
Osmolality	mOsmol/kg H2O	340
Potential Renal Solute Load	mOsmol/l	140

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Important notice

Breastfeeding is best. Aptamil® First Infant milk should only be used on the advice of a doctor, dietitian, pharmacist, or other professional responsible for maternal and child care.

When bottle feeding do not allow prolonged or frequent contact of milk feeds with babies' teeth as this increases the risk of tooth decay. It is important babies' teeth are cleaned after the last feed at night.

Nutricia offers access to a wide range of support services and resources including:

- Our free Sampling Service to order product samples and have them sent to your patients' homes.
- A range of CPD accredited e-learning programmes.
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