



Product Information Sheet

Product Code 227316

Weight 340g

Product Type Individual

Product Name Level 4 Purée Beef Chilli

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	661kj	2248kj
Energy (kcal)	159kcal	540kcal
Fat	11g	36g
Saturated	1.4g	4.7g
Monounsaturated	5.9g	20g
Polyunsaturated	3.4g	12g
Carbohydrate	8.5g	29g
of which sugars	2.7g	9.3g
Fibre	2.2g	7.5g
Protein	6.1g	21g
Sodium	202mg	686mg
Salt equivalent	0.50g	1.7g
Potassium	210mg	715mg

Ingredient Declaration

water, beef stock, sweetcorn (12%), beef (10%), rapeseed oil, tomato, tomato puree, pea protein, rice, kidney beans, pea starch, thickeners (methyl cellulose, xanthan gum, guar gum), beetroot juice, emulsifier (sunflower lecithin), garlic, onion, peppers, rice protein, natural flavourings, sugar, honey, onion powder, chillies, salt, carrot juice, maize starch, citrus fibres, yeast extract, caramelised sugar, cumin, spirit vinegar, red chillies, paprika, white wine vinegar, smoked paprika, concentrated lime juice, oregano, coriander, turmeric, concentrated onion juice, chilli, pepper, sunflower oil, grape juice concentrate, acid (citric acid).

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef		Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein	✓	Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

Cooking Guidelines (all ovens may vary)

Always cook from frozen. Do not pierce, cook with film lid on. Ensure food is piping hot before serving. Take care, hot after heating. Once cooked do not reheat. Microwave - cook on HALF power.

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