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Product Information Sheet

Product Code 324607

Weight 480g

Product Type Large / Multi-Portion

Product Name Sausages

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	1033kJ	827kJ
Energy (kcal)	248kcal	198kcal
Fat	15g	12g
Saturated	4.6g	3.7g
Monounsaturated	6.4g	5.1g
Polyunsaturated	2.1g	1.7g
Carbohydrate	17g	14g
of which sugars	1.4g	1.1g
Fibre	0.9g	0.7g
Protein	12g	9.2g
Sodium	579mg	463mg
Salt equivalent	1.4g	1.2g
Potassium	200mg	160mg

Ingredient Declaration

cooked pork (48%), water, **wheat** flour (with calcium, iron, niacin, thiamin), salt, dextrose, **wheat** starch, rapeseed oil, **wheat gluten**, beef collagen casing, **wheat** protein, chilli powder, pepper, clove extract, mace extract, nutmeg extract, pepper extract.

Diet Coding

1 of 5 a Day Energy Dense Gluten Free Low Fat Low Salt Vegetarian Low Saturated Fat Healthier Choice Vegan Soft Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre SourceOfProtein	Diet Coding	
Gluten Free Low Fat Low Salt Vegetarian Low Saturated Fat Healthier Choice Vegan Soft Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	1 of 5 a Day	
Low Fat Low Salt Vegetarian Low Saturated Fat Healthier Choice Vegan Soft Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Energy Dense	
Low Salt Vegetarian Low Saturated Fat Healthier Choice Vegan Soft Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Gluten Free	
Vegetarian Low Saturated Fat Healthier Choice Vegan Soft Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Low Fat	
Low Saturated Fat Healthier Choice Vegan Soft Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Low Salt	
Healthier Choice Vegan Soft Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Vegetarian	
Vegan Soft Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Low Saturated Fat	
Soft Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Healthier Choice	
Reduced Sugars Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Vegan	
Low Sugars 2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Soft	
2 of 5 a Day 3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Reduced Sugars	
3 of 5 a Day Reducing High Protein Easy Chew Free From Milk SourceFibre	Low Sugars	
Reducing High Protein Easy Chew Free From Milk SourceFibre	2 of 5 a Day	
High Protein Easy Chew Free From Milk SourceFibre	3 of 5 a Day	
Easy Chew Free From Milk SourceFibre	Reducing	
Free From Milk SourceFibre	High Protein	
SourceFibre	Easy Chew	
	Free From Milk	
SourceOfProtein	SourceFibre	
	SourceOfProtein	

Made Without

Made Without	
Alcohol	/
Beef	
Celery	/
Cheese	/
Crustacean	/
Egg & Egg Derivatives	/
Fish	/
Garlic	/
Lupin	/
Milk & Milk Derivatives	/
Mollusc	/
Mushroom	/
Mustard	/
Nuts	/
Onion	/
Peanut	/
Sesame	/
Soya	/
Tomato	/
Yeast	/
Almond	/
Brazil	/
Cashew	/
Hazlenut	/
Macadamia	/
Pecan	/
Pistachio	/
Queensland	/
Walnut	/
Wheat	
Rye	/
Barley	/
Oats	/

Free From

riee rioili	
Alcohol	
Beef	
Celery	
Cheese	
Crustacean	
Egg & egg derivatives	
Fish	
Garlic	
Gluten	
Milk & milk derivatives	
Mollusc	
Mushroom	
Mustard	
Nuts	
Onion	
Peanuts	
Soya	
Sulphur dioxide/sulphites >10mg/kg	
Tomato	
Yeast	

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Cooking Guidelines (all ovens may vary)

Cook from frozen. Lid on.

Store at -18°C, do not refreeze once thawed

Canal Road, Trowbridge, Wiltshire, BA14 8RJ U.K. Tel: 01225 753636 Fax: 01225 777084