



Product Information Sheet

Product Code: 227367
Product Range: IDDSI 4 - Pureed
Category: Complete Main Meal
Product Name: Purée Macaroni Cheese
Label Description: Purée Macaroni Cheese puréed preparation of macaroni pasta (9%) in a creamy cheese sauce, served with a cream sauce and broccoli
Brochure Code: 7367

Formulation:

Component	Weight (Kg)
Purée Macaroni Cheese	0.340

Total Weight	0.340
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No. Units per Case: 12
Case Dimensions: 380 x 195 x 227mm

Nutrition (as consumed):

Typical values	Per 100g	Per Meal 340g	% Reference Intake per serving
Energy	662 kJ per 100g	2,250 kJ per 340g	
Energy	159 kcal per 100g	541 kcal per 340g	27
Fat	11 g per 100g	39 g per 340g	55
of which saturates	3.9 g per 100g	13 g per 340g	66
of which monounsaturates	4.9 g per 100g	17 g per 340g	
of which polyunsaturates	2.4 g per 100g	8.2 g per 340g	
Carbohydrate	7.3 g per 100g	25 g per 340g	
of which sugars	1.1 g per 100g	3.8 g per 340g	4
Fibre	1.5 g per 100g	5.2 g per 340g	
Protein	6.1 g per 100g	21 g per 340g	
Salt	0.54 g per 100g	1.8 g per 340g	31

Sodium	0.216 g per 100g	0.734 g per 340g
Potassium	77 mg per 100g	261 mg per 340g

each portion contains:

Energy	Fat	Saturates	Sugars	Salt
2250 kJ	39 g	13 g	3.8 g	1.8 g
541 kcal				
27 %	55 %	66 %	4 %	31 %

of an adult's reference intake

typical values per 100g: Energy 662 kJ/ 159 kcal

Ingredients:

water, broccoli (15%), cheese (MILK) (9%), rapeseed oil, cream (MILK), MILK, WHEAT semolina, carrot juice, MILK protein, pea starch, waxy maize starch, lemon juice, thickeners (methyl cellulose, guar gum, xanthan gum), WHEAT flour, onion, emulsifier (sunflower lecithin), natural flavourings, salt, pea protein, citrus fibres, yeast extract, sugar, garlic, garden lovage, pepper, nutmeg.

Allergy Advice: For allergens see ingredients in CAPITAL LETTERS.

Diet Coding:

Low Fat	1 of 5 a day	Low Salt	Gluten Free	Easy Chew	Healthier Choice	Higher Protein	Vegetarian	Vegan
No	No	No	No	N/A	No	Yes	Yes	No

Energy Dense	Nourishing	Fortified
Yes	N/A	N/A

Allergens-

Milk & Milk Derivatives	Egg & Egg Derivatives	Celery	Mustard	Soya	Gluten	Fish
Yes	No	No	No	No	Yes	No

Crustacean	Mollusc	Sulphur Dioxide/ Sulphites > 10mg/kg	Nuts	Peanut	Lupin	Sesame
No	No	No	No	No	No	No

Others-

Cheese	Yeast	Beef	Tomato	Garlic	Onion	Mushroom	Alcohol
Yes	Yes	No	No	Yes	Yes	No	No

Yes = Contains

No = Made Without

• = may contain

Cooking Guidelines

Always cook from frozen. Do not pierce, cook with film lid on. Ensure food is piping hot before serving. Once cooked do not reheat.

Oven: Pre-heated oven: 150°C/300°F/Gas 2. Fan oven: 140°C/275°F. 55 mins or longer if required.

Microwave:

800 Watt/Category: E

HALF POWER

Step 1.

Cook for 16 minutes

Stand for 2 minutes

Step 2. Remove film lid

Cook for 1 minute 30 seconds

Stand for 2 minutes

Storage Instructions:

Store at -18°C.

