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930043

# Country Range Mediterranean Vegetable Quiche

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## PRODUCT DESCRIPTION

Shortcrust Pastry with an Onion Tomato Cheese Egg & Pepper Filling

<b>Brand</b>	Country Range Group
<b>Label Own Label Code</b>	40169800
<b>Product Type</b>	Food
<b>Product Category</b>	Bakery - General
<b>Storage Type</b>	Frozen
<b>Erudus ID</b>	7ffaecdf23d40db836bbe4a07968090
<b>Specification Type</b>	Legacy
<b>Inner Component GTIN</b>	5023616504958
<b>Outer Case GTIN</b>	05023616523805



## INGREDIENTS

### Ingredient Declaration

Pre-fried onion ( Onion, Sunflower Oil ), **WHEAT** Flour, **MILK**, Tomato, Margarine ( Vegetable Oil ( Palm Oil, Rapeseed Oil ), Water, Salt, Mono- and diglycerides of fatty acids, Lactic acid ), Mozzarella ( **MILK**, Salt, Lactic Starter Culture, Coagulating Enzyme, Citric acid ), Water, Red Pepper, **EGG**, Cream (**MILK**), Yellow Pepper, Cheese ( Cows **MILK**, Cream (**MILK**)), Potato Starch, Rice Starch, Garlic, Rice Flour, Green olives in brine ( Green Olives, Water, Salt, Citric acid ), Salt, Basil, Thyme, White Pepper.

## ALLERGENS

Product Contains:

<b>Celery/Celeriac</b>	May Contain	<b>Mustard</b>	Yes
<b>Cereals Containing Gluten</b>	Yes	<b>Nuts (Tree)</b>	May Contain
<b>Barley</b>	No	<b>Almond nuts</b>	May Contain
<b>Oats</b>	No	<b>Brazil nuts</b>	May Contain
<b>Rye</b>	No	<b>Cashew nuts</b>	May Contain
<b>Wheat (including Spelt and Khorasan)</b>	Yes	<b>Hazelnuts</b>	May Contain
<b>Gluten content &lt;20ppm</b>	No	<b>Macadamia (Queensland) nuts</b>	May Contain
<b>Crustacea</b>	No	<b>Pecan nuts</b>	May Contain
<b>Eggs</b>	Yes	<b>Pistachio nuts</b>	May Contain
<b>Fish</b>	No	<b>Walnuts</b>	May Contain
<b>Lupin</b>	No	<b>Peanuts</b>	No
<b>Milk</b>	Yes	<b>Sesame Seeds</b>	No
<b>Molluscs</b>	No	<b>Soybeans</b>	May Contain
		<b>Sulphur Dioxide and Sulphites</b>	No

Risk Source:

SUPPLEMENTARY  
INGREDIENT  
INFORMATION

<b>Palm Oil</b>	Yes
<b>Hydrogenated Vegetable Oil/Fat</b>	No
<b>GM Protein/DNA</b>	No

<b>Alcoholic Strength %Vol (ABV)</b>	0 % Vol
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ADDITIVES

*Product Contains:*

<b>Artificial Antioxidants</b>	No
<b>Artificial Colours</b>	No
<b>Artificial Flavour Enhancers</b>	No

<b>Artificial Flavourings</b>	No
<b>Artificial Preservatives</b>	Yes
<b>Artificial Sweeteners</b>	No

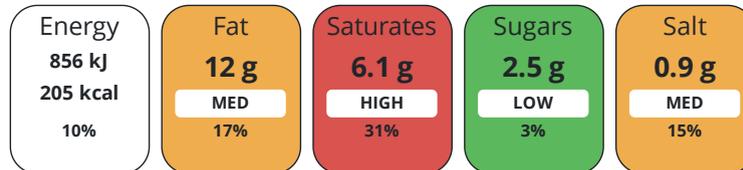
DIET  
SUITABILITY

<b>Suitable for Coeliacs</b>	No
<b>Kosher Diet</b>	No
<b>Vegan Diet</b>	No

<b>Halal Diet</b>	No
<b>Vegetarian Diet</b>	Suitable for

NUTRITIONAL  
INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 205kcal / 856kJ

Nutrient	per 100g/ml	RI per 100g/ml	per 12g/ml serving	RI per 12g/ml serving
<b>Energy (kJ)</b>	856 kJ	10%	102.72	1%
<b>Energy (kcal)</b>	205 kcal	10%	24.6	1%
<b>Fat</b>	12 g	17%	1.44 g	2%
<b>of which Saturates</b>	6.1 g	31%	0.73 g	4%
<b>of which Mono-unsaturates</b>	3.9 g		0.47 g	
<b>of which Polyunsaturates</b>	2 g		0.24 g	
<b>Carbohydrate</b>	18.5 g	7%	2.22 g	1%
<b>of which Sugars</b>	2.5 g	3%	0.3 g	0%
<b>of which Polyols</b>	2 g		0.24 g	
<b>of which Starch</b>	14 g		1.68 g	
<b>Fibre</b>	1.4 g		0.17 g	
<b>Protein</b>	5.6 g	11%	0.67 g	1%
<b>Salt</b>	0.9 g	15%	0.11 g	2%
<b>Sodium</b>	360 mg		43.2 mg	
<b>Serving Size</b>	12 g			

VITAMINS AND  
MINERALS

Nutrient	per 100g/ml	RI per 100g/ml	per 12g/ml serving	RI per 12g/ml serving
<b>Vitamin A</b>	0 µg		0 µg	
<b>Vitamin C</b>	0 mg		0 mg	
<b>Folate/Folic Acid</b>	0 µg		0 µg	
<b>Calcium</b>	170 mg	21%	20.4 mg	3%
<b>Iron</b>	0.9 mg	6%	0.11 mg	1%
<b>Zinc</b>	0.9 mg	9%	0.11 mg	1%

SUPPLEMENTARY  
NUTRITIONAL  
INFORMATION

<b>Cholesterol per 100 g/ml (UK/FR)</b>	0.08 g
<b>Trans Fats per 100 g/ml</b>	0.8 g
<b>Fat Percentage in Dry Matter per 100 g/ml</b>	13 %
<b>Non Milk Extrinsic Sugars per 100 g/ml</b>	0 g

HFSS (HIGH IN  
FAT, SALT AND  
SUGAR)  
HANDLING &  
STORAGE  
INFORMATION

<b>HFSS Status</b>	Yes
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**Directions For Use**

Without thawing remove from packaging. Place product on a baking tray in the middle of a pre-heated fan assisted oven at 200°C/Gas mark 6 for approximately 30-40 minutes. Cooking times may vary according to your equipment. Product must be cooked before use.

**Storage Instructions**

Keep Frozen at -18°C or below

<b>Shelf Life from Time of Production</b>	548 Days
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ACCREDITATIONS/  
CERTIFICATIONS/  
ASSURANCE  
SCHEMES

<b>BRCGS Certified</b>	
<b>School Approved (The Requirement for School Food Regulation 2014)</b>	

**Roundtable of Sustainable Palm Oil (RSPO)**

ORIGIN

<b>Product Country of Origin</b>	France
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PRODUCT  
CHARACTERISTICS  
CONFIGURATION

Standards Testing	
Case Configuration	Inner Pack Configuration
<b>Total Quantity of Inner Components in Outer Case</b>	4 Units
<b>Is the Outer Case Splittable?</b>	No

PRODUCT  
WEIGHTS

Inner Component	
<b>Variable Weight Consumer Item</b>	No
<b>Net Drained Weight</b>	0 kg
<b>Weight/Volume</b>	4x1.2kg
Outer Case	
<b>Outer Case Gross Weight</b>	5.34 kg
<b>Outer Case Net Weight</b>	0.49 kg

PRODUCT  
DIMENSIONS

Inner Component	
<b>Inner Component Depth</b>	290 mm
<b>Inner Component Width</b>	280 mm
<b>Inner Component Height</b>	45 mm
Outer Case	
<b>Outer Case Depth</b>	285 mm
<b>Outer Case Width</b>	295 mm
<b>Outer Case Height</b>	179 mm

PALLET  
INFORMATION

<b>Quantity of Cases Per Pallet Layer</b>	21 Cases	<b>Pallet Height</b>	1.33 MTR
<b>Quantity of Layers Per Pallet</b>	4 Layers	<b>Pallet Gross Weight</b>	362.4 kg
<b>Quantity of Cases Per Pallet</b>	84 Cases		

## PACKAGING

## Inner Component Packaging

Type	Materials	Weight	Recycled Plastic %	Recyclable	Returnable	Composite
Foil	Plastic	10 g	- %			
Foil	Paper/Cardboard	30 g	- %			
Foil	Aluminium	20 g	- %			
Foil	Other	30 g	- %			

## Outer Case Packaging

Type	Materials	Weight	Recycled Plastic %	Recyclable	Returnable	Composite
Case	Paper/Cardboard	489 g	- %			

## Transport Packaging

Type	Materials	Weight	Recycled Plastic %	Recyclable	Returnable	Composite
Other	Paper/Cardboard	0.49 g	- %			
Other	Wood	26000 g	- %			

## OTHER INFORMATION

<b>Intrastat/Taric Code</b>	19059080	<b>Identification/Health Marks</b>	FR 17.300.105 CE
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**Manufacturer Comments**

No

## CONTACT INFORMATION

## ADDRESS

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Accrington  
Lancs  
United Kingdom

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