



Product Information Sheet

Product Code 292123

Weight 77g

Product Type Individual

Product Name Level 4 Coffee Dessert

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	702kJ	540kJ
Energy (kcal)	167kcal	129kcal
Fat	5.4g	4.2g
Saturated	5.0g	3.9g
Monounsaturated	0.4g	0.3g
Polyunsaturated	0.1g	0.1g
Carbohydrate	23g	18g
of which sugars	22g	17g
Fibre	4.5g	3.5g
Protein	4.1g	3.2g
Sodium	108mg	83mg
Salt equivalent	0.27g	0.21g
Potassium	200mg	154mg

Ingredient Declaration

water, invert sugar syrup, whey (milk) proteins, chicory root fibre, glucose syrup, coconut fat, skimmed milk powder, gelling agents (pectin, sodium alginate), emulsifier (lactic acid esters of mono- and diglycerides of fatty acids), natural coffee flavouring (contains burned sugar), coffee extract, colour (beta-carotene), natural vanilla flavouring.

Warnings:

⚠ May contain nuts.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol		Alcohol	
Energy Dense		Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt	✓	Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
		Garlic	✓	Garlic	
Healthier Choice		Lupin	✓	Gluten	✓
Vegan		Milk & Milk Derivatives		Milk & milk derivatives	
Soft				Mollusc	
Reduced Sugars		Mollusc	✓	Mushroom	
Low Sugars		Mushroom	✓	Mustard	
2 of 5 a Day		Mustard	✓	Nuts	
3 of 5 a Day		Nuts	✓	Onion	
Reducing		Onion	✓	Peanuts	
High Protein		Peanut	✓	Soya	
Easy Chew	✓	Sesame	✓	Sulphur dioxide/sulphites >10mg/kg	✓
Free From Milk		Soya	✓	Tomato	
SourceFibre		Tomato	✓	Yeast	
SourceOfProtein		Yeast	✓		
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

Cooking Guidelines (all ovens may vary)

Leave in packaging and defrost for 3 hours in a refrigerator at 5°C. Once defrosted keep refrigerated and consume within 48 hours.

Store at -18°C, do not refreeze once thawed

Canal Road, Trowbridge, Wiltshire, BA14 8RJ U.K. Tel: 01225 753636 Fax: 01225 777084