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Version 3.0

Status Published

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Kara MK4 Floured Bap 4 x 12

Mk4 Floured Bap 48x50g

PRODUCT DESCRIPTION

A soft white bread bap, dusted with flour.

Manufacturer Product Code	F00266
Effective Date	Mar 11, 2026
Product Type	Food
Product Category	Bread Buns & Rolls
Storage Type	Frozen
Erudus ID	2a83be51a1774f03b76699f40673e317
Specification Type	Bakery Products



Outer Case GTIN 5011639001165



INGREDIENTS

Ingredient Declaration

WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin & Thiamin), Water, Salt, Yeast, Sugar, Rapeseed Oil, Emulsifiers: E471, E472(e). Flour Treatment Agents: E300, E920.

ALLERGENS

Product Contains:

Celery/Celeriac	No	Mustard	No
Cereals Containing Gluten	Yes	Nuts (Tree)	No
Barley	No	Almond nuts	No
Oats	No	Brazil nuts	No
Rye	No	Cashew nuts	No
Wheat (including Spelt and Khorasan)	Yes	Hazelnuts	No
Crustacea	No	Macadamia (Queensland) nuts	No
Eggs	No	Pecan nuts	No
Fish	No	Pistachio nuts	No
Lupin	No	Walnuts	No
Milk	No	Peanuts	No
Molluscs	No	Sesame Seeds	May Contain
		Soybeans	No
		Sulphur Dioxide and Sulphites	No

Risk Source:

Sesame Seeds (Risk Source)	Line
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Allergen Statement On Pack

For allergens, including cereals containing Gluten, see ingredients in bold. Also, may contain Sesame.

SUPPLEMENTARY
INGREDIENT
INFORMATION

Palm Oil	No
Hydrogenated Vegetable Oil/Fat	No
GM Protein/DNA	No

ADDITIVES

Product Contains:

Artificial Antioxidants	No	Artificial Flavourings	No
Artificial Colours	No	Artificial Preservatives	No
Artificial Flavour Enhancers	No	Artificial Sweeteners	No

DIET SUITABILITY

Vegan Diet	Suitable for	Vegetarian Diet	Suitable for
Halal Diet	No	Kosher Diet	No

NUTRITIONAL
INFORMATION AS
SOLD

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 246kcal / 1042kJ

Nutrient	per 100g	RI per 100g	per 50g serving	RI per 50g serving
Energy (kJ)	1042 kJ	12%	521 kJ	6%
Energy (kcal)	246 kcal	12%	123 kcal	6%
Fat	1.7 g	2%	0.85 g	1%
of which Saturates	0.2 g	1%	0.1 g	1%
of which Mono-unsaturates	0.7 g		0.35 g	
of which Polyunsaturates	0.8 g		0.4 g	
Carbohydrate	46.9 g	18%	23.45 g	9%
of which Sugars	3.4 g	4%	1.7 g	2%
Fibre	3.3 g		1.65 g	
Protein	9 g	18%	4.5 g	9%
Salt	0.9 g	15%	0.45 g	8%
Sodium	346 mg		173 mg	
Serving Size	50 g			
Serving Size Description	Per bap			
Number of Servings	48 Servings			

Source of Nutritional Information Manufacturers analysis

SUPPLEMENTARY
NUTRITIONAL
INFORMATION

Fibre Type	Fibre AOAC
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HANDLING &
STORAGE
INFORMATION

Directions For Use

Defrost thoroughly before use. Remove from case and leave in pack at room temperature for 1 – 2 hours, or until fully defrosted. Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days. Do not refreeze.

Storage Instructions

Keep frozen, store frozen at -18°C (0°F) or below. Once defrosted do not refreeze.

Storage Instructions After Opening

Once defrosted, store in a sealed pack in a cool, dry place away from direct sunlight. Once defrosted use within 4 days. Do not refreeze.

Shelf Life from Time of Production	365 Days
Shelf Life From Opening	4 Days
Shelf Life Once Defrosted	4 Days

ACCREDITATIONS/
CERTIFICATIONS/
ASSURANCE
SCHEMES

BRCGS Certified
ISO 14001 (Environmental Management)
Sedex

IFS Food Standard
School Approved (The Requirement for School Food Regulation 2014)
Other Accreditation

ORIGIN

Product Country of Origin	United Kingdom
Additional Origin Details	N/A
Origin of the Primary Ingredient	Not Applicable

PRODUCT
CHARACTERISTICS

Standards Testing			
Do you undertake trend analysis of microbiological results?	No	Is shelf life testing undertaken?	Yes

Microbiological Standards

Organism	Description	Frequency	Target	Maximum	Sample (g or ml)
Bacillus Cereus (cfu/g or ml)		Annually	<10	100	250
E. Coli (cfu/g or ml)		Annually	<10	100	250
Enterobacteriaceae (cfu/g or ml)		Annually	<10	1000	250
Staphylococcus Aureus (cfu/g or ml)		Annually	<20	100	250
Total Viable Count (TVC) (cfu/g or ml)		Annually	<1000	100000	250
Yeast (cfu/g or ml)		Annually	<100	10000	250
Moulds (cfu/g or ml)		Annually	<100	10000	250

Physical Standards

Test	Description	Frequency	Target	Range	Sample (g or ml)
Dimensions Diameter (mm)		Hourly	<101	98 to 104	50
Dimensions Height (mm)		Hourly	<42	39 to 45	50
Weight (g)		Hourly	<50	45 to 55	50

CONFIGURATION

Case Configuration		Inner Pack Configuration
Total Quantity of Inner Components in Outer Case	48 Units	
Is the Outer Case Splittable?	No	

PRODUCT WEIGHTS

Inner Component	
Variable Weight Consumer Item	No
Inner Component Weight	50 g
Outer Case	
Outer Case Gross Weight	2.73 kg
Outer Case Net Weight	2.16 kg

PRODUCT DIMENSIONS

Inner Component	
Inner Component Depth	460 mm
Inner Component Width	265 mm
Inner Component Height	90 mm
Outer Case	
Outer Case Depth	400 mm
Outer Case Width	300 mm
Outer Case Height	180 mm

PALLET INFORMATION

Quantity of Cases Per Pallet Layer	10 Cases	Pallet Type	UK Standard Pallet
Quantity of Layers Per Pallet	10 Layers	Pallet Height	1.96 MTR
Quantity of Cases Per Pallet	100 Cases	Pallet Gross Weight	301.2 kg

PACKAGING

Inner Component Packaging						
Type	Materials	Weight	Recycled Material %	Recyclable	Returnable	Composite
Bag	Plastic	7.9 g				
Outer Case Packaging						
Type	Materials	Weight	Recycled Material %	Recyclable	Returnable	Composite
Case	Paper/Cardboard	332 g				
Transport Packaging						
Type	Materials	Weight	Recycled Material %	Recyclable	Returnable	Composite
Other	Wood	28200 g				

MARKETING INFORMATION

Marketing Description
Excellent for hot and cold fillings.

OTHER INFORMATION

Manufacturer Comments
N/A

CONTACT INFORMATION

Address
Kara Foodservice
Park Seventeen, Moss Lane
Whitefield
M45 8FJ
Manchester
United Kingdom

The information on the [Erudus System](#) has been supplied by the manufacturers of the products and, whilst the owners of the Erudus System take steps to ensure the information is regularly updated, they give no warranty and no guarantee that the information is accurate. Product information and ingredients may change, please always read product labels carefully in addition to using the information provided by Erudus.

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