

# PLAIN SCONE

Product Specification: Plain Scone (45g) suitable for use with the IDDSI Framework

## PRODUCT SUMMARY

Our IDDSI Level 4, 5 and 6 scone is a convenient and nourishing solution for individuals with dysphagia or modified texture diets, allowing everyone to enjoy an enjoyable snack. Can be consumed individually with butter, jam or any topping you desire.

## PRODUCT DESCRIPTION

A rich, buttery scone developed for texture modified diets, formulated to IDDSI Levels 4, 5 and 6 for safe and enjoyable swallowing. Designed in line with the IDDSI framework, this product delivers the familiar taste and comfort of a classic scone in a texture appropriate format, without compromising on flavour.

- 12 scones in a tray
- 5 trays in a box
- 60 portions per box
- Box Dimensions - 311x225x145mm

## INGREDIENTS

**Wheat Flour, Buttermilk, Butter,** Sugar, Water, **Pasteurised Egg,** Raising Agents (Sodium Bicarbonate, Sodium Diphosphate, Calcium Phosphate), Maltodextrin, Agar, Pectin, Xanthan Gum.

## PRODUCT KEY FEATURES

- High quality ingredients
- Suitable for use with the IDDSI Framework for safe swallowing
- Maintains nutritional integrity, flavour, and appeal
- Perfect for hospitals, care homes, and home use
- Carefully individually portioned in recyclable packaging
- Stored in frozen format

## STORAGE & PREPARATION

KEEP FROZEN. Store at or below -18°C.  
Place scone onto a clean plate, while frozen. Add additional toppings of choice and keep covered. Defrost in a refrigerator at ≤5°C until the scone reaches 1°C-5°C for a minimum of 60 minutes.  
Once scone has been fully defrosted, it must be consumed within 24 hours. Do not refreeze. Keep the product covered until ready to consume.

## ALLERGENS

**Allergens: Gluten, Dairy, Egg.**  
**Manufactured in a plant that handles SOYA, MUSTARD, SULPHITES, CELERY, FISH & TREE NUTS (Almonds and Hazelnuts).**

## PRODUCT NUTRITION INFORMATION — Scone L4, L5, L6

| Typical Values                | Per 100g      | Per 45g Portion |
|-------------------------------|---------------|-----------------|
| Energy                        | 667kJ/159kcal | 300kJ/71kcal    |
| Fat of which saturates        | 5.5g / 3.4g   | 2.5g / 1.5g     |
| Carbohydrates of which sugars | 23.6g / 5.5g  | 10.6g / 2.5g    |
| Fibre                         | 1.1g          | 0.5g            |
| Protein                       | 3.1g          | 1.4g            |
| Salt                          | 0.6g          | 0.27g           |

ADDITIONAL NUTRIENTS (Vitamins & Minerals)

| Typical Values               | Per 100g | Per 45g Portion |
|------------------------------|----------|-----------------|
| Free Sugars                  | 4.0g     | 1.8g            |
| Starch                       | 18.1g    | 8.15g           |
| Monounsaturated Fat          | 1.5g     | 0.68g           |
| Polyunsaturated Fat          | 0.15g    | 0.07g           |
| Trans Unsaturated Fatty Acid | 0.15g    | 0.07g           |
| Potassium                    | 120mg    | 54mg            |
| Phosphorus                   | 150mg    | 67.5mg          |
| Iron                         | 1.8mg    | 0.81mg          |
| Zinc                         | 0.5mg    | 0.23mg          |
| Calcium                      | 90mg     | 40.5mg          |
| Magnesium                    | 15mg     | 6.8mg           |
| Vitamin A                    | 80µg     | 36µg            |
| Vitamin C                    | 0mg      | 0mg             |
| Folate                       | 25µg     | 11.3µg          |
| Vitamin D                    | 0.3µg    | 0.14µg          |
| Vitamin B1 (Thiamin)         | 0.15mg   | 0.07mg          |
| Vitamin B2 (Riboflavin)      | 0.12mg   | 0.05mg          |
| Vitamin B3 (Niacin)          | 1.5mg    | 0.68mg          |

Country of Origin: Ireland

Produced in: Island Fare Ltd T/A OCRAS, Unit H, West Cork Business & Technology Park, Clonakilty, Cork, Ireland, P85HD00

Issue Date: \_\_\_\_\_ | Revised Date: \_\_\_\_\_ | Expiry Date: \_\_\_\_\_

Signed: \_\_\_\_\_

ATTACH LABEL HERE