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Erudus ID 260619e5f1bd4db19cfc5f0bd118cb75

Version 2.0

Status Published

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KARA WHOLEMEAL DELI ROLLS 6x6

Kara Wholemeal Deli Rolls 36x100g

PRODUCT DESCRIPTION

A pre sliced wholemeal deli roll topped with semolina

Manufacturer	Kara Foodservice (Fletchers)
Manufacturer Product Code	F02407
Effective Date	Mar 13, 2026
Product Type	Food
Product Category	Bread Buns & Rolls
Storage Type	Frozen
Erudus ID	260619e5f1bd4db19cfc5f0bd118cb75
Specification Type	Bakery Products

Outer Case GTIN05051788124070



INGREDIENTS

Ingredient Declaration

Wholemeal **Wheat** Flour, Water, **Wheat** Semolina, Palm Oil, Wheat Flour (**Wheat** Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Sugar, Yeast (Yeast, Deactivated Yeast), Salt, Flour Treatment Agent (E300).

ALLERGENS

Product Contains:

Celery/Celeriac	No
Cereals Containing Gluten	Yes
Barley	May Contain
Oats	May Contain
Rye	May Contain
Wheat (including Spelt and Khorasan)	Yes
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	No
Milk	May Contain
Molluscs	No

Mustard	No
Nuts (Tree)	No
Almond nuts	No
Brazil nuts	No
Cashew nuts	No
Hazelnuts	No
Macadamia (Queensland) nuts	No
Pecan nuts	No
Pistachio nuts	No
Walnuts	No
Peanuts	No
Sesame Seeds	May Contain
Soybeans	May Contain
Sulphur Dioxide and Sulphites	No

SUPPLEMENTARY
INGREDIENT
INFORMATION

ADDITIVES

DIET SUITABILITY

NUTRITIONAL
INFORMATION AS
SOLD

Risk Source:

Barley (Risk Source)	Line
Rye (Risk Source)	Line
Milk (Risk Source)	Line
Soybeans (Risk Source)	Line

Oats (Risk Source)	Line
Eggs (Risk Source)	Line
Sesame Seeds (Risk Source)	Line

Allergen Statement On Pack

For allergens, including cereals containing gluten, see ingredients in bold. Also, may contain egg, milk, sesame and soya.

Palm Oil	Yes
Is Palm Oil Sustainably Sourced?	Yes
Hydrogenated Vegetable Oil/Fat	No
GM Protein/DNA	No

Product Contains:

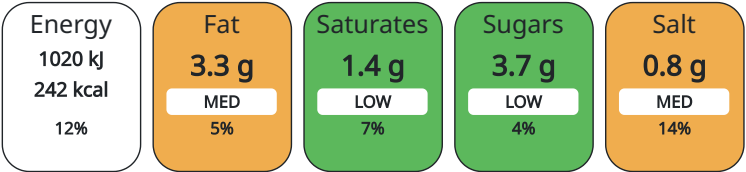
Artificial Antioxidants	No
Artificial Colours	No
Artificial Flavour Enhancers	No

Artificial Flavourings	No
Artificial Preservatives	No
Artificial Sweeteners	No

Vegan Diet	No
Halal Diet	No

Vegetarian Diet	Suitable for
Kosher Diet	No

Each 100g/ml serving contains:



of your reference intake.

Typical values per 100g/ml : Energy 242kcal / 1020kJ

Nutrient	per 100g	RI per 100g	per 100g serving	RI per 100g serving
Energy (kJ)	1020 kJ	12%	1020 kJ	12%
Energy (kcal)	242 kcal	12%	242 kcal	12%
Fat	3.3 g	5%	3.3 g	5%
of which Saturates	1.4 g	7%	1.4 g	7%
of which Mono-unsaturates	1.1 g		1.1 g	
of which Polyunsaturates	0.6 g		0.6 g	
Carbohydrate	40.2 g	15%	40.2 g	15%
of which Sugars	3.7 g	4%	3.7 g	4%
of which Starch	36.5 g		36.5 g	
Fibre	7.2 g		7.2 g	
Protein	9.3 g	19%	9.3 g	19%
Salt	0.83 g	14%	0.83 g	14%
Sodium	330 mg		330 mg	
Serving Size	100 g			
Serving Size Description	Per roll			
Number of Servings	36 Servings			
Source of Nutritional Information	Manufacturers analysis			

SUPPLEMENTARY
NUTRITIONAL
INFORMATION

HANDLING &
STORAGE
INFORMATION

ACCREDITATIONS/
CERTIFICATIONS/
ASSURANCE
SCHEMES
ORIGIN

PRODUCT
CHARACTERISTICS

CONFIGURATION

PRODUCT
WEIGHTS

Trans Fats per 100 g/ml	0.1 g
Fibre Type	Fibre AOAC

Directions For Use

Store Frozen at -18°C or below. To defrost: remove from the case and leave in the pack at room temperature for 2 hours, or until fully defrosted. Once defrosted do not refreeze.

Storage Instructions

Once defrosted, store in a container, in a cool dry place away from direct sunlight. Once defrosted use within 48 hours.

Shelf Life from Time of Production	365 Days
Shelf Life From Opening	4 Days
Shelf Life Once Defrosted	4 Days

BRCGS Certified	
Sedex	

Roundtable of Sustainable Palm Oil (RSPO)

Product Country of Origin	United Kingdom
Origin of the Primary Ingredient	Not Applicable

Standards Testing

Do you undertake trend analysis of microbiological results?	No	Is shelf life testing undertaken?	Yes
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Microbiological Standards

Organism	Description	Frequency	Target	Maximum	Sample (g or ml)
Bacillus Cereus (cfu/g or ml)		Annually	<10	100	250
E. Coli (cfu/g or ml)		Annually	<10	100	250
Enterobacteriaceae (cfu/g or ml)		Annually	<10	100	250
Total Viable Count (TVC) (cfu/g or ml)		Annually	<1000	10000	250
Yeast (cfu/g or ml)		Annually	<100	10000	250
Moulds (cfu/g or ml)		Annually	<100	10000	250

Physical Standards

Test	Description	Frequency	Target	Range	Sample (g or ml)
Dimensions Height (mm)		Hourly	=55	50 to 60	100
Dimensions Width (mm)		Hourly	=90	85 to 95	100
Weight (g)		Hourly	=100	95 to 105	100

Case Configuration		Inner Pack Configuration	
Total Quantity of Inner Components in Outer Case	36 Units	Count per Inner Component	6
Is the Outer Case Splittable?	No		

Inner Component	
Variable Weight Consumer Item	No
Inner Component Weight	100 g
e mark	No
Outer Case	
Outer Case Gross Weight	3.95 kg
Outer Case Net Weight	3.6 kg

PRODUCT
DIMENSIONS

Inner Component	
Inner Component Depth	165 mm
Inner Component Width	90 mm
Inner Component Height	55 mm
Outer Case	
Outer Case Depth	548 mm
Outer Case Width	240 mm
Outer Case Height	202 mm

PALLET
INFORMATION

Quantity of Cases Per Pallet Layer	8 Cases	Pallet Type	UK Standard Pallet
Quantity of Layers Per Pallet	8 Layers	Pallet Height	1.78 MTR
Quantity of Cases Per Pallet	64 Cases	Pallet Gross Weight	281.78 kg

PACKAGING

Inner Component Packaging						
Type	Materials	Weight	Recycled Material %	Recyclable	Returnable	Composite
Bag	Plastic / LDPE (Low Density Polyethylene)	6.9 g		Yes	No	
Outer Case Packaging						
Type	Materials	Weight	Recycled Material %	Recyclable	Returnable	Composite
Tape	Plastic / PP (Polypropylene)	3 g		No	No	
Case	Paper/Cardboard / Corrugated	317 g		Yes	No	
Transport Packaging						
Type	Materials	Weight	Recycled Material %	Recyclable	Returnable	Composite
Pallet Wrap	Plastic / LDPE (Low Density Polyethylene)	250 g		Yes	No	
Pallet	Wood	28000 g		Yes	Yes	

OTHER
INFORMATION

Intrastat/Taric Code	7010
Commodity Code	1905908000

CONTACT
INFORMATION

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