

# CUSTARD COOKIE

*Product Specification: Pureed Custard Cookie suitable for use with the IDDSI Framework*

## PRODUCT SUMMARY

Our IDDSI Level 4, 5 and 6 custard cookie is a convenient and nourishing solution for individuals with dysphagia or modified texture diets, allowing everyone to enjoy an enjoyable snack. Can be consumed individually or add a filling to make a biscuit sandwich.

## PRODUCT DESCRIPTION

A rich, custard-flavoured puree biscuit developed for texture modified diets, formulated to IDDSI Levels 4, 5 and 6 for safe and enjoyable swallowing. Designed in line with the IDDSI framework, this product delivers the familiar taste and comfort of a classic biscuit in a texture appropriate format, without compromising on flavour.

- 20 biscuits per tray
- 10 trays per box
- 200 portions per box
- Box Dimensions - 311 x 225 x 145mm

## INGREDIENTS

**Wheat Flour (Wheat Flour**, Calcium Carbonate, Niacin, Iron, Thiamin), Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, **Wheat Starch**, Water, Raising Agents: Sodium Carbonates, Ammonium Carbonates, **Whey Powder (Milk)**, Salt, Flavourings, Palm Kernel Oil, Dextrose, Agar, Pectin, Maltodextrin, Xanthan Gum, Colour: Carotenes.

## PRODUCT KEY FEATURES

- High quality ingredients
- Suitable for use with the IDDSI Framework for safe swallowing
- Maintains nutritional integrity, flavour, and appeal
- Perfect for hospitals, care homes, and home use
- Carefully individually portioned in recyclable packaging
- Stored in frozen format

## STORAGE & PREPARATION

KEEP FROZEN. Store at or below -18°C.  
As required, pop each biscuit onto a clean plate and keep covered. Defrost in a refrigerator at ≤5°C until the foodstuff reaches 1°C-5°C for a minimum of 20 minutes.  
Once biscuit has been fully defrosted, they must be consumed within 24 hours. Do not refreeze. Keep the product covered until ready to consume.

## ALLERGENS

**Allergens: Gluten, Dairy.**  
**Manufactured in a plant that handles EGG, SOYA, MUSTARD, SULPHITES, CELERY, FISH & TREE NUTS (Almonds and Hazelnuts).**

## PRODUCT NUTRITION INFORMATION — Custard L4, L5, L6

| Typical Values                | Per 100g       | Per 15g Portion |
|-------------------------------|----------------|-----------------|
| Energy                        | 1202kJ/287kcal | 180kJ/43kcal    |
| Fat of which saturates        | 12.9g / 6.9g   | 1.9g / 1g       |
| Carbohydrates of which sugars | 39.1g / 14.6g  | 5.86g / 2.2g    |
| Fibre                         | 0.8g           | 0.12g           |
| Protein                       | 3.1g           | 0.46g           |
| Salt                          | 0.28g          | 0.04g           |

ADDITIONAL NUTRIENTS (Vitamins & Minerals)

| Typical Values               | Per 100g | Per 15g Portion |
|------------------------------|----------|-----------------|
| Free Sugars                  | 14.1g    | 2.12g           |
| Starch                       | 24.5g    | 3.68g           |
| Monounsaturated Fat          | 4.8g     | 0.72g           |
| Polyunsaturated Fat          | 1.1g     | 0.17g           |
| Trans Unsaturated Fatty Acid | 0.1g     | 0.02g           |
| Potassium                    | 140mg    | 21mg            |
| Phosphorus                   | 130mg    | 19.5mg          |
| Iron                         | 2.3mg    | 0.35mg          |
| Zinc                         | 0.5mg    | 0.08mg          |
| Calcium                      | 110mg    | 16.5mg          |
| Magnesium                    | 16mg     | 2.4mg           |
| Vitamin A                    | 0µg      | 0µg             |
| Vitamin C                    | 0mg      | 0mg             |
| Folate                       | 18µg     | 2.7µg           |
| Vitamin D                    | 0µg      | 0µg             |
| Vitamin B1 (Thiamin)         | 0.14mg   | 0.02mg          |
| Vitamin B2 (Riboflavin)      | 0.15mg   | 0.02mg          |
| Vitamin B3 (Niacin)          | 1.7mg    | 0.26mg          |

Country of Origin: Ireland

Produced in: Island Fare Ltd T/A OCRAS, Unit H, West Cork Business & Technology Park, Clonakilty, Cork, Ireland, P85HD00

Issue Date: \_\_\_\_\_ | Revised Date: \_\_\_\_\_ | Expiry Date: \_\_\_\_\_

Signed: \_\_\_\_\_

ATTACH LABEL HERE