

Southern Fried Chicken Fillet 125g Product Data Sheet	Glenhaven Foods	Date: 11/01/2024
	Ref. No: 2NSF40G	Page 1 of 2

Full Product Name:	Southern Fried Chicken Breast Fillets 125g												
Product Description/Legal Name:	Cooked Marinated Chicken Breast Fillets formed in a Southern Fried Style Coating.												
Country of Manufacture:	Ireland												
Country of origin of Primary Ingredient (Chicken)	Approved Facilities: EU, non-EU												
Shelf Life:	18 Months												
Minimum Life on Delivery:	12 Months												
Quick Frozen:	Yes												
Storage:	<p>-18oC or below. Keep Frozen. Do not re-freeze once defrosted. Storage instructions: Keep frozen and use within the following periods.</p> <div style="background-color: #f0f0f0; padding: 5px;"> <p>STORAGE INSTRUCTIONS</p> <p>Keep frozen and use within the following periods.</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="padding: 2px;">Food Freezer*</td> <td style="text-align: center; padding: 2px;">★ ★ ★ ★</td> <td style="padding: 2px;">Until Best Before End Date</td> </tr> <tr> <td style="padding: 2px;">Star Marked*</td> <td style="text-align: center; padding: 2px;">★ ★ ★</td> <td style="padding: 2px;">Until Best Before End Date</td> </tr> <tr> <td style="padding: 2px;">Frozen Food</td> <td style="text-align: center; padding: 2px;">★ ★</td> <td style="padding: 2px;">1 Month</td> </tr> <tr> <td style="padding: 2px;">Compartment of Refrigerator</td> <td style="text-align: center; padding: 2px;">★</td> <td style="padding: 2px;">1 Week</td> </tr> </table> <p>KEEP FROZEN. DO NOT REFREEZE ONCE DEFROSTED.</p> <p>* Must be -18°C or below.</p> </div>	Food Freezer*	★ ★ ★ ★	Until Best Before End Date	Star Marked*	★ ★ ★	Until Best Before End Date	Frozen Food	★ ★	1 Month	Compartment of Refrigerator	★	1 Week
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Compartment of Refrigerator	★	1 Week											
Unit Size:	Target 125g												
Pack Size:	1250 kg e												
Packs per case:	4 bags per Case.												
Declared weight of Case (Net weight):	5 kg												
Packaging Description:	Inner – Printed Polythene Bag Outer – Corrugated Case with label attached												
Ingredients/List of Ingredients:	Chicken (57%), Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Salt, Dextrose, Wheat Starch, Pea Fibre, Paprika, Black Pepper, Sunflower Oil, Stabilisers (E451, E450), Pea Starch, Yeast, Flavouring, Wheat Gluten, Raising Agents (E450, E500), Garlic Powder, Onion Powder, Spice Extract, Emulsifier (E472e), Flour Treatment Agent (E300).												
ALLERGEN ADVICE:	For allergens, including cereals containing gluten, see ingredients in bold .												
Cooking Instructions / Instructions for Use:	<p><u>Combi Oven:</u> 180°C/356°F 22-26 minutes Place on a baking tray on the middle shelf of a preheated oven for the time specified, turning occasionally.</p> <p><u>Deep Fry:</u> Pre-Heat oil to 175°C/347°F. Place product in basket and fry for 8-10 minutes. Ensure product is piping hot and cooked throughout before serving. Cooking instructions are a guideline only, for best results cook from frozen. Do not re-heat. Not suitable for Microwave cooking.</p>												
Additional Warnings:	Although every care has been made to remove bones, some may remain.												

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Allergen	Present – State Yes or No below
Cereals containing gluten Wheat, rye, barley, oats, spelt, kamut + hybrid strains.	Yes (Wheat)
Crustaceans Crab, lobster, crawfish, shrimp, prawn etc	No
Egg	No
Fish	No
Lupin and products thereof	No
Milk / Lactose	No
Molluscs and products thereof	No
Nuts: Tree nuts Almonds, hazelnuts, walnuts, cashews, pecans, Brazil nuts, pistachios, macadamia, Queensland nut	No
Peanuts	No
Soya / Soybeans	No
Sesame / Sesame seeds	No
Celery and celeriac	No
Mustard	No
Sulphur dioxide and sulphites Over ten parts/million SO2	No

Suitable for:	Declared: Yes / No
Vegetarians	No
Vegans	No
Certified as Halal	Yes
Certified as Kosher	No
Certified as Fairtrade	No
Certified as organic	No

Nutritional Information	
Typical Values per 100g (as consumed)	
Energy	1023KJ/224kcal
Fat	12.0g
Of which Saturates	1g
Carbohydrates	17g
Of which Sugars	0.9g
Fiber	1.0g
Protein	17.0g
Salt	1.8g
Company Details / Manufacturer / Packager	
Glenhaven Foods Limited, Kilbride Ind. Estate, Arklow, Co. Wicklow Y14EH98 Tel: 0402-39000 Fax: 0402-39100	