



Product Information Sheet

Product Code 217026

Weight 275g

Product Type Individual

Product Name Level 4 Purée Petite Turkey in Gravy

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	761kj	2094kj
Energy (kcal)	183kcal	503kcal
Fat	12g	33g
Saturated	1.2g	3.3g
Monounsaturated	6.8g	19g
Polyunsaturated	4.1g	11g
Carbohydrate	9.7g	27g
of which sugars	2.1g	5.9g
Fibre	1.5g	4.1g
Protein	7.9g	22g
Sodium	240mg	660mg
Salt equivalent	0.60g	1.6g
Potassium	240mg	660mg

Ingredient Declaration

water, turkey (15%), carrot, chicken stock, rapeseed oil, carrot juice, dried potato, **SOYA** protein, onion, starch, maltodextrin, emulsifiers (**SOYA** lecithin, mono- and diglycerides of fatty acids), thickeners (methyl cellulose, xanthan gum, guar gum), inulin, lemon juice, sugar, natural flavourings (contains yeast extract), salt, pea fibres, caramelised sugar, chicken fat, sage, citrus fibres, nutmeg, turmeric, pepper.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & egg derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan		Milk & milk derivatives	✓	Gluten	✓
Soft		Mollusc	✓	Milk & milk derivatives	
Reduced Sugars		Mushroom	✓	Mollusc	
Low Sugars		Mustard	✓	Mushroom	
2 of 5 a Day		Nuts	✓	Mustard	
3 of 5 a Day		Onion		Nuts	
Reducing		Peanuts	✓	Onion	
High Protein		Soya		Peanuts	
Easy Chew		Tomato	✓	Soya	
Free From Milk		Yeast		Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Lupin	✓	Tomato	
SourceOfProtein		Sesame	✓	Yeast	

Cooking Guidelines (all ovens may vary)

Cook from frozen. Cook until piping hot. Once cooked do not reheat. Microwave - cook on HALF POWER

Store at -18°C, do not refreeze once thawed

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