



# Product Information Sheet

**Product Code** 324113

**Weight** 1392g

**Product Type** Large / Multi-Portion

**Product Name** Pork Burgers in Rich Tomato Sauce

## Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	632kj	1466kj
Energy (kcal)	151kcal	351kcal
Fat	8.6g	20g
Saturated	2.6g	6.0g
Monounsaturated	4.5g	10g
Polyunsaturated	1.6g	3.7g
Carbohydrate	11g	26g
of which sugars	2.0g	4.6g
Fibre	0.7g	1.7g
Protein	6.7g	16g
Sodium	319mg	740mg
Salt equivalent	0.80g	1.9g
Potassium	214mg	496mg

## Ingredient Declaration

water, cooked pork (31%), onion, tomato, maltodextrin, **egg**, tomato puree, **wheat** flour (with calcium carbonate, niacin, iron, thiamin), carrot, modified starch, rapeseed oil, parsnip, salt, caramelised sugar, dextrose, stabiliser (cellulose), parsley, roast chicken carcass, yeast extract, pepper, sugar, cornflour, garlic, carrot juice concentrate, leek juice concentrate.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free		Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives		Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein	✓	Peanut	✓	Peanuts	
Easy Chew	✓	Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye	✓		
		Barley	✓		
		Oats	✓		

## **Cooking Guidelines (all ovens may vary)**

Cook with lid on. Always cook from frozen.

**Store at -18°C, do not refreeze once thawed**

**Product Code** 328113**Weight** 464g**Product Type** Small / Twin**Product Name** Pork Burgers in Rich Tomato Sauce**Nutrition (as consumed)**

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	632kj	1466kj
Energy (kcal)	151kcal	351kcal
Fat	8.6g	20g
Saturated	2.6g	6.0g
Monounsaturated	4.5g	10g
Polyunsaturated	1.6g	3.7g
Carbohydrate	11g	26g
of which sugars	2.0g	4.6g
Fibre	0.7g	1.7g
Protein	6.7g	16g
Sodium	319mg	740mg
Salt equivalent	0.80g	1.9g
Potassium	214mg	496mg

**Ingredient Declaration**

water, cooked pork (31%), onion, tomato, maltodextrin, **egg**, tomato puree, **wheat** flour (with calcium carbonate, niacin, iron, thiamin), carrot, modified starch, rapeseed oil, parsnip, salt, caramelised sugar, dextrose, stabiliser (cellulose), parsley, roast chicken carcass, yeast extract, pepper, sugar, cornflour, garlic, carrot juice concentrate, leek juice concentrate.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free		Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives		Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein	✓	Peanut	✓	Peanuts	
Easy Chew	✓	Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye	✓		
		Barley	✓		
		Oats	✓		

## **Cooking Guidelines (all ovens may vary)**

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