



Product Information Sheet

Product Code 324607

Weight 480g

Product Type Large / Multi-Portion

Product Name Sausages

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	1033kj	827kj
Energy (kcal)	248kcal	198kcal
Fat	15g	12g
Saturated	4.6g	3.7g
Monounsaturated	6.4g	5.1g
Polyunsaturated	2.1g	1.7g
Carbohydrate	17g	14g
of which sugars	1.4g	1.1g
Fibre	0.9g	0.7g
Protein	12g	9.2g
Sodium	579mg	463mg
Salt equivalent	1.4g	1.2g
Potassium	200mg	160mg

Ingredient Declaration

cooked pork (48%), water, **wheat** flour (with calcium, iron, niacin, thiamin), salt, dextrose, **wheat** starch, rapeseed oil, **wheat gluten**, beef collagen casing, **wheat** protein, chilli powder, pepper, clove extract, mace extract, nutmeg extract, pepper extract.

Diet Coding

1 of 5 a Day
Energy Dense
Gluten Free
Low Fat
Low Salt
Vegetarian
Low Saturated Fat
Healthier Choice
Vegan
Soft
Reduced Sugars
Low Sugars
2 of 5 a Day
3 of 5 a Day
Reducing
High Protein
Easy Chew
Free From Milk
SourceFibre
SourceOfProtein

Made Without

Alcohol	✓
Beef	
Celery	✓
Cheese	✓
Crustacean	✓
Egg & Egg Derivatives	✓
Fish	✓
Garlic	✓
Lupin	✓
Milk & Milk Derivatives	✓
Mollusc	✓
Mushroom	✓
Mustard	✓
Nuts	✓
Onion	✓
Peanut	✓
Sesame	✓
Soya	✓
Tomato	✓
Yeast	✓
Almond	✓
Brazil	✓
Cashew	✓
Hazlenut	✓
Macadamia	✓
Pecan	✓
Pistachio	✓
Queensland	✓
Walnut	✓
Wheat	
Rye	✓
Barley	✓
Oats	✓

Free From

Alcohol	
Beef	
Celery	
Cheese	
Crustacean	
Egg & egg derivatives	
Fish	
Garlic	
Gluten	
Milk & milk derivatives	
Mollusc	
Mushroom	
Mustard	
Nuts	
Onion	
Peanuts	
Soya	
Sulphur dioxide/sulphites >10mg/kg	✓
Tomato	
Yeast	

Cooking Guidelines (all ovens may vary)

Cook from frozen. Lid on.

Store at -18°C, do not refreeze once thawed

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