



Product Information Sheet

Product Code 324859

Weight 1126g

Product Type Large / Multi-Portion

Product Name Apple Pie

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	1113kj	1558kj
Energy (kcal)	266kcal	373kcal
Fat	14g	20g
Saturated	6.1g	8.6g
Monounsaturated	5.4g	7.6g
Polyunsaturated	2.0g	2.7g
Carbohydrate	30g	42g
of which sugars	11g	15g
Fibre	1.6g	2.2g
Protein	3.6g	5.1g
Sodium	25mg	35mg
Salt equivalent	0.06g	0.09g
Potassium	113mg	158mg

Ingredient Declaration

wheat flour (with calcium, iron, niacin, thiamin), Bramley apple (24%), water, vegetable oils (palm, rapeseed), sugar, Bramley apple puree (5%), icing sugar, cornflour, dextrin, dextrose, colours (carotenes, paprika extract).

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free		Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt	✓	Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan	✓	Lupin	✓	Gluten	
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars		Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion	✓	Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato	✓	Tomato	
SourceOfProtein		Yeast	✓	Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye	✓		
		Barley	✓		
		Oats	✓		

Cooking Guidelines (all ovens may vary)

Cook with lid off. Cook from frozen.

Store at -18°C, do not refreeze once thawed

Product Code 328859
Product Type Small / Twin
Product Name Apple Pie

Weight 425g

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	1101kj	1542kj
Energy (kcal)	263kcal	369kcal
Fat	14g	20g
Saturated	6.1g	8.5g
Monounsaturated	5.3g	7.5g
Polyunsaturated	1.9g	2.7g
Carbohydrate	30g	42g
of which sugars	11g	15g
Fibre	1.6g	2.2g
Protein	3.6g	5.0g
Sodium	26mg	36mg
Salt equivalent	0.06g	0.09g
Potassium	113mg	158mg

Ingredient Declaration

wheat flour (with calcium, iron, niacin, thiamin), Bramley apple (25%), water, vegetable oils (palm, rapeseed), sugar, Bramley apple puree (5%), icing sugar, cornflour, dextrin, dextrose, colours (carotenes, paprika extract).

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free		Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt	✓	Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan	✓	Lupin	✓	Gluten	
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars		Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion	✓	Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato	✓	Tomato	
SourceOfProtein		Yeast	✓	Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye	✓		
		Barley	✓		
		Oats	✓		

Cooking Guidelines (all ovens may vary)

Cook with lid off. Cook from frozen.

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