



# Product Information Sheet

Product Code 292148

Weight 105g

Product Type Individual

Product Name Strawberry Trifle

## Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	873kj	916kj
Energy (kcal)	208kcal	218kcal
Fat	7.4g	7.8g
Saturated	5.5g	5.8g
Monounsaturated	1.2g	1.3g
Polyunsaturated	0.2g	0.2g
Carbohydrate	31g	33g
of which sugars	22g	23g
Fibre	0.9g	0.9g
Protein	3.6g	3.8g
Sodium	56mg	59mg
Salt equivalent	0.14g	0.15g
Potassium	193mg	203mg

## Ingredient Declaration

water, glucose syrup, whipping cream (**milk**) (11%), sugar, skimmed **milk** powder, strawberry (6%), **egg** (6%), strawberry puree from concentrate (5%), **milk**, coconut oil, starch, **wheat** flour, citrus fibre, thickener (carrageenan), emulsifier (mono- and diglycerides of fatty acids), raising agents (ammonium carbonates, potassium carbonates, potassium tartrates), natural flavourings, stabiliser (pectin), black carrot extract, blackcurrant extract, acidity regulator (citric acid), safflower extract.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense		Beef	✓	Beef	
Gluten Free		Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt	✓	Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives		Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan		Lupin	✓	Gluten	
Soft		Milk & Milk Derivatives		Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars		Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion	✓	Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew	✓	Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato	✓	Tomato	
SourceOfProtein		Yeast	✓	Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye	✓		
		Barley	✓		
		Oats	✓		

### **Cooking Guidelines (all ovens may vary)**

To defrost: Leave in packaging and allow to defrost in a refrigerator for 3 hours. Once defrosted keep refrigerated and consume within 48 hours.

**Store at -18°C, do not refreeze once thawed**

Canal Road, Trowbridge, Wiltshire, BA14 8RJ U.K. Tel: 01225 753636 Fax: 01225 777084