

# Product Information Sheet

Product Code 324972

Weight 600g

Product Type Large / Multi-Portion

Product Name Oven Chips

## Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	615kj	615kj
Energy (kcal)	146kcal	146kcal
Fat	4.2g	4.2g
Saturated	0.5g	0.5g
Monounsaturated	1.2g	1.2g
Polyunsaturated	2.3g	2.3g
Carbohydrate	24g	24g
of which sugars	<0.5g	<0.5g
Fibre	1.8g	1.8g
Protein	2.2g	2.2g
Sodium	168mg	168mg
Salt equivalent	0.42g	0.42g
Potassium	360mg	360mg

## Ingredient Declaration

potato (94%), sunflower oil, modified starch, rice flour, starch, salt, dextrin, raising agents (diphosphates, sodium hydrogen carbonate), dextrose, thickener (xanthan gum), paprika extract, turmeric extract.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense		Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan	✓	Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars		Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion	✓	Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato	✓	Tomato	
SourceOfProtein		Yeast	✓	Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

**Cooking Guidelines (all ovens may vary)**

Cook from frozen. Lid off.

**Store at -18°C, do not refreeze once thawed**

**Product Code** 328972  
**Product Type** Small / Twin  
**Product Name** Oven Chips

**Weight**200g

**Nutrition (as consumed)**

	<b>Quantity Units (per 100g)</b>	<b>Quantity Units (per portion)</b>
Energy (kj)	615kj	615kj
Energy (kcal)	146kcal	146kcal
Fat	4.2g	4.2g
Saturated	0.5g	0.5g
Monounsaturated	1.2g	1.2g
Polyunsaturated	2.3g	2.3g
Carbohydrate	24g	24g
of which sugars	<0.5g	<0.5g
Fibre	1.8g	1.8g
Protein	2.2g	2.2g
Sodium	168mg	168mg
Salt equivalent	0.42g	0.42g
Potassium	360mg	360mg

**Ingredient Declaration**

potato (94%), sunflower oil, modified starch, rice flour, starch, salt, dextrin, raising agents (diphosphates, sodium hydrogen carbonate), dextrose, thickener (xanthan gum), paprika extract, turmeric extract.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense		Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan	✓	Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars		Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion	✓	Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato	✓	Tomato	
SourceOfProtein		Yeast	✓	Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

**Cooking Guidelines (all ovens may vary)**

Cook from frozen. Lid off.

**Store at -18°C, do not refreeze once thawed**

Canal Road, Trowbridge, Wiltshire, BA14 8RJ U.K. Tel: 01225 753636 Fax: 01225 777084