

Product Information Sheet

Product Code 324138

Weight 1320g

Product Type Large / Multi-Portion **Product Name** Savoury Minced Beef

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	418kJ	690kJ
Energy (kcal)	100kcal	165kcal
Fat	4.6g	7.6g
Saturated	1.9g	3.1g
Monounsaturated	2.1g	3.5g
Polyunsaturated	0.3g	0.4g
Carbohydrate	5.2g	8.7g
of which sugars	2.4g	3.9g
Fibre	0.6g	0.9g
Protein	9.1g	15g
Sodium	336mg	554mg
Salt equivalent	0.84g	1.4g
Potassium	211mg	349mg

Ingredient Declaration

beef (42%), water, onion, carrot, cornflour, spirit vinegar, caramelised sugar, garlic, natural flavourings, salt, cane molasses, yeast extract, onion powder, concentrated carrot juice, sugar, thyme, pepper, concentrated onion juice, tamarind paste, sunflower oil, dark brown sugar, dried onion, tomato concentrate, ground cayenne, beef extract, garlic powder, ground clove.

Made Without Free From Diet Coding 1 of 5 a Day Alcohol Alcohol Beef **Energy Dense** Beef Celery Gluten Free Celery Cheese Low Fat Cheese Crustacean Low Salt Crustacean Egg & egg derivatives Vegetarian Egg & Egg Derivatives Fish Low Saturated Fish Fat Garlic Garlic **Healthier Choice** Gluten Lupin Vegan Milk & milk derivatives Milk & Milk Soft Mollusc **Derivatives Reduced Sugars** Mushroom Mollusc **Low Sugars** Mustard Mushroom 2 of 5 a Day Nuts Mustard 3 of 5 a Day Onion Nuts Reducing **Peanuts** Onion High Protein Soya Peanut Sulphur dioxide/sulphites Easy Chew Sesame >10mg/kg Free From Milk Soya **Tomato** SourceFibre **Tomato** Yeast SourceOfProtein Yeast Almond Brazil Cashew Hazlenut Macadamia Pecan Pistachio Queensland Walnut Wheat Rye Barley Oats

Cooking Guidelines (all ovens may vary)

Cook from frozen. Lid on.

Store at -18°C, do not refreeze once thawed

Product Code 328138

Product Type Small / Twin

Product Name Savoury Minced Beef

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	418kJ	690kJ
Energy (kcal)	100kcal	165kcal
Fat	4.6g	7.6g
Saturated	1.9g	3.1g
Monounsaturated	2.1g	3.5g
Polyunsaturated	0.3g	0.4g
Carbohydrate	5.2g	8.7g
of which sugars	2.4g	3.9g
Fibre	0.6g	0.9g
Protein	9.1g	15g
Sodium	336mg	554mg
Salt equivalent	0.84g	1.4g
Potassium	211mg	349mg

Weight 330g

Ingredient Declaration

beef (42%), water, onion, carrot, cornflour, spirit vinegar, caramelised sugar, garlic, natural flavourings, salt, cane molasses, yeast extract, onion powder, concentrated carrot juice, sugar, thyme, pepper, concentrated onion juice, tamarind paste, sunflower oil, dark brown sugar, dried onion, tomato concentrate, ground cayenne, beef extract, garlic powder, ground clove.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	/	Alcohol	
Energy Dense		Beef		Beef	
Gluten Free	/	Celery	/	Celery	
Low Fat		Cheese	/	Cheese	
Low Salt		Crustacean	/	Crustacean	
Vegetarian		Egg & Egg Derivatives		Egg & egg derivatives	
Low Saturated		Fish	/	Fish	
Fat		Garlic		Garlic	
Healthier Choice	/	Lupin		Gluten	
Vegan		Milk & Milk		Milk & milk derivatives	
Soft		Derivatives	/	Mollusc	
Reduced Sugars		- Mollusc	./	Mushroom	
Low Sugars		- Mushroom	/	Mustard	
2 of 5 a Day		Mustard	/	Nuts	
3 of 5 a Day		Nuts		Onion	
Reducing		Onion	/	Peanuts	
High Protein				Soya	
Easy Chew	/	Peanut	/	Sulphur dioxide/sulphites	
Free From Milk		Sesame	\ <u>\</u>	>10mg/kg	
SourceFibre		Soya	 	Tomato	
SourceOfProtein		Tomato	-	Yeast	
		Yeast	<u> </u>		
		Almond	//		
		Brazil	/		
		Cashew	/		
		Hazlenut	/		
		Macadamia	/		
		Pecan	/		
		Pistachio	/		
		Queensland	/		
		Walnut			
		Wheat	<u> </u>		
		Rye			
		Barley			
		Oats			

Cooking Guidelines (all ovens may vary)

Cook from frozen. Lid on.

Store at -18°C, do not refreeze once thawed

Canal Road, Trowbridge, Wiltshire, BA14 8RJ U.K. Tel: 01225 753636 Fax: 01225 777084