



Product Information Sheet

Product Code 324145

Weight 1466g

Product Type Large / Multi-Portion

Product Name Minced Steak & Potato Suet Pie

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	803kj	1470kj
Energy (kcal)	192kcal	352kcal
Fat	10g	19g
Saturated	5.3g	9.7g
Monounsaturated	3.9g	7.2g
Polyunsaturated	0.7g	1.2g
Carbohydrate	16g	29g
of which sugars	1.1g	2.0g
Fibre	0.8g	1.5g
Protein	8.9g	16g
Sodium	310mg	567mg
Salt equivalent	0.77g	1.4g
Potassium	248mg	455mg

Ingredient Declaration

beef (34%), water, **wheat** flour (with calcium carbonate, niacin, iron, thiamin), potato (10%), vegetable oils (palm, rapeseed, sunflower), onion, tomato puree, modified starch, raising agents (diphosphates, sodium hydrogen carbonate), salt, caramelised sugar, yeast extract, dextrin, natural flavourings, pepper, cornflour, dried parsley, thyme, sugar, garlic, flavouring, dried onion, beef extract, dextrose, beef stock, colours (carotenes, paprika extract).

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef		Beef	
Gluten Free		Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein	✓	Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye	✓		
		Barley	✓		
		Oats	✓		

Cooking Guidelines (all ovens may vary)

Cook with lid off. Always cook from frozen.

Store at -18°C, do not refreeze once thawed

Product Code 328145**Weight** 368g**Product Type** Small / Twin**Product Name** Minced Steak & Potato Suet Pie**Nutrition (as consumed)**

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	801kj	1475kj
Energy (kcal)	192kcal	353kcal
Fat	10g	19g
Saturated	5.3g	9.7g
Monounsaturated	3.9g	7.2g
Polyunsaturated	0.7g	1.2g
Carbohydrate	16g	29g
of which sugars	1.1g	2.0g
Fibre	0.8g	1.5g
Protein	8.9g	16g
Sodium	309mg	568mg
Salt equivalent	0.77g	1.4g
Potassium	247mg	455mg

Ingredient Declaration

beef (34%), water, **wheat** flour (with calcium carbonate, niacin, iron, thiamin), potato (10%), vegetable oils (palm, rapeseed, sunflower), onion, tomato puree, modified starch, raising agents (diphosphates, sodium hydrogen carbonate), salt, caramelised sugar, dextrin, yeast extract, natural flavourings, pepper, cornflour, dried parsley, thyme, sugar, garlic, flavouring, dried onion, beef extract, dextrose, colours (carotenes, paprika extract), beef stock.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef		Beef	
Gluten Free		Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein	✓	Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye	✓		
		Barley	✓		
		Oats	✓		

Cooking Guidelines (all ovens may vary)

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