



# Product Information Sheet

Product Code 217368

Weight 480g

Product Type Individual

Product Name Level 4 Purée Classic Salmon Supreme

## Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	468kj	2246kj
Energy (kcal)	112kcal	537kcal
Fat	5.4g	26g
Saturated	1.8g	8.6g
Monounsaturated	2.4g	12g
Polyunsaturated	1.1g	5.2g
Carbohydrate	11g	50g
of which sugars	2.7g	13g
Fibre	1.7g	8.0g
Protein	4.4g	21g
Sodium	117mg	560mg
Salt equivalent	0.29g	1.4g
Potassium	235mg	1128mg

## Ingredient Declaration

**MILK**, water, salmon (**FISH**) (13%), broccoli (11%), dried potato, onion, cream (**MILK**), maltodextrin, rapeseed oil, pea starch, tomato puree, carrot, peppers, waxy maize starch, sour cream (**MILK**), thickeners (methyl cellulose, xanthan gum, guar gum), salmon oil (**FISH**), citrus fibres, lemon juice, salt, emulsifiers (sunflower lecithin, mono- and diglycerides of fatty acids), natural flavouring, pea fibres, yeast extract, pepper, garden lovage, nutmeg, garlic, turmeric.

Diet Coding		Made Without		Free From	
1 of 5 a Day	✓	Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt	✓	Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish		Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives		Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein	✓	Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato	✓	Tomato	
SourceOfProtein		Tomato		Yeast	
		Yeast			
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

### **Cooking Guidelines (all ovens may vary)**

Always cook from frozen. Do not pierce, cook with film lid on. Ensure food is piping hot before serving. Take care, hot after heating. Once cooked do not reheat. Microwave - cook on HALF POWER

**Store at -18°C, do not refreeze once thawed**

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