



Product Information Sheet

Product Code 217094

Weight 275g

Product Type Individual

Product Name Level 4 Purée Petite All Day Breakfast

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	771kj	2120kj
Energy (kcal)	185kcal	510kcal
Fat	13g	37g
Saturated	2.1g	5.8g
Monounsaturated	7.3g	20g
Polyunsaturated	3.8g	10g
Carbohydrate	7.1g	20g
of which sugars	1.9g	5.3g
Fibre	1.3g	3.7g
Protein	8.6g	24g
Sodium	262mg	720mg
Salt equivalent	0.65g	1.8g
Potassium	155mg	425mg

Ingredient Declaration

water, pork (14%), **EGGS** (14%), rapeseed oil, white beans (4.5%), tomato, tomato puree, **SOYA** protein, **EGG** yolk, carrot juice, waxy maize starch, sugar, emulsifier (**SOYA** lecithin), thickeners (methyl cellulose, xanthan gum, guar gum), pea starch, salt, maltodextrin, natural flavourings (contains **EGG**), garlic, spirit vinegar, onion powder, caramelised sugar, **MUSTARD** seed, yeast extract, concentrated onion juice, lemon juice, sunflower oil, sage, pepper, thyme, nutmeg, citrus fibres, acid (acetic acid), spices, herbs, preservative (sodium nitrite).

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives		Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard		Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein	✓	Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya		Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

Cooking Guidelines (all ovens may vary)

Always cook from frozen. Cook with film lid on. Ensure food is piping hot before serving. Once cooked do not reheat. Microwave - cook on HALF POWER.

Store at -18°C, do not refreeze once thawed

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