



Product Information Sheet

Product Code 217097

Weight 275g

Product Type Individual

Product Name Level 4 Purée Petite Sausage & Mash

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	757kj	2081kj
Energy (kcal)	182kcal	501kcal
Fat	13g	36g
Saturated	1.7g	4.6g
Monounsaturated	7.2g	20g
Polyunsaturated	4.0g	11g
Carbohydrate	7.2g	20g
of which sugars	1.5g	4.0g
Fibre	2.9g	7.9g
Protein	7.8g	22g
Sodium	277mg	760mg
Salt equivalent	0.69g	1.9g
Potassium	155mg	426mg

Ingredient Declaration

water, peas (15%), pork (14%), rapeseed oil, **SOYA** protein, dried potato (3.5%), inulin, maltodextrin, emulsifiers (**SOYA** lecithin, mono- and diglycerides of fatty acids), tomato puree, thickeners (methyl cellulose, xanthan gum, guar gum), waxy maize starch, carrot juice, salt, pea starch, natural flavourings (contains **EGG**), garlic, caramelised sugar, sugar, **MUSTARD** seed, onion powder, pea fibres, yeast extract, spirit vinegar, concentrated onion juice, sunflower oil, lemon juice, sage, pepper, thyme, citrus fibres, turmeric, nutmeg, preservative (sodium nitrite).

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives		Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard		Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein	✓	Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya		Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

Cooking Guidelines (all ovens may vary)

Always cook from frozen. Cook with film lid on. Ensure food is piping hot before serving. Once cooked do not reheat. Microwave - cook on HALF POWER.

Store at -18°C, do not refreeze once thawed

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