

# Birds Eye Mini Potato Waffles 456g



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## Product data

EAN  
5000116108053

Target market  
GB, IE

### Components

#### Ingredients

Potato (88%)  
Rapeseed Oil  
Potato Granules  
Potato Starch  
Salt  
Stabiliser (Hydroxypropyl Methylcellulose)#  
White Pepper  
# Derived from natural plant material

#### Nutrition

	AS Sold 100g Provides:	Per 3 Waffles Oven Baked Provides:
Energy - kJ	673kJ	392kJ
- kcal	161kcal	94kcal
Fat	6.8g	3.9g
- of which Saturates	0.5g	0.3g
Carbohydrate	22g	13g
- of which Sugars	0.9g	0.5g
Fibre	1.3g	0.8g

2



	AS Sold 100g Provides:	Per 3 Waffles Oven Baked Provides:
Protein	2.2g	1.2g
Salt	0.58g	0.33g
This pack contains 8 portions		

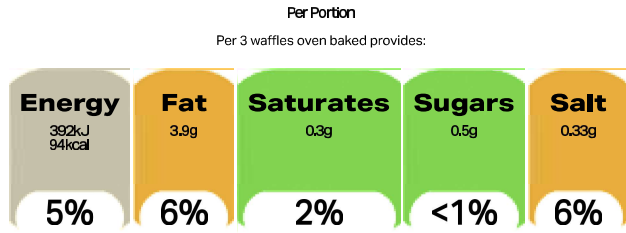
### Calculated Nutrition

	per 100g	Per 3 Waffles Oven Baked Provides:
Energy (kJ)	673	392
Energy (kcal)	161	94
Fat (g)	6.8	3.9
of which saturates (g)	0.5	0.3
Carbohydrate (g)	22	13
of which sugars (g)	0.9	0.5
Fibre (g)	1.3	0.8
Protein (g)	2.2	1.2
Salt (g)	0.58	0.33

### Structured Nutrition EU

	AS Sold 100g Provides:	Per 3 Waffles Oven Baked Provides:
Energy	673 kJ	392 kJ
Energy	161 kcal	94 kcal
Fat	6.8 g	3.9 g
of which saturates	0.5 g	0.3 g
Carbohydrate	22 g	13 g
of which sugars	0.9 g	0.5 g
Fibre	1.3 g	0.8 g
Protein	2.2 g	1.2 g
Salt	0.58 g	0.33 g



**Front of Pack Nutrition**

Reference intake of an average adult (8400kJ / 2000kcal)\*

Average adult per 100g: Energy 673kJ / 161kcal

\* Children's nutritional needs differ to those of adults consequently smaller portion sizes may be appropriate

**Nutrition Other Text**

This pack contains 8 portions

**Reference Intake Statement**

Reference Intake Statement - Reference intake of an average adult (8400kJ / 2000kcal)

## Product Description

**Brand**

Birds Eye

**Features**

Deliciously crisp and fluffy  
Gluten free  
Made with real potatoes  
No Artificial Colours, Flavours or Preservatives  
Suitable for Vegans

**Standardised Brand**

Brand - Birds Eye

**Regulated Product Name**

Mini waffles formed from freshly mashed potatoes, lightly fried.

## Marketing

**Company Name**

Birds Eye Limited / Birds Eye Ireland

**Company Address**

Birds Eye Limited,  
Freepost ADM3939,  
London,  
SW1A 1YS.

Birds Eye Ireland,  
Monread Rd,  
Naas,  
Co. Kildare,  
W91 HE67,  
Ireland.

**Product Marketing**

Good for breakfast, lunch and dinner, or just as a snack...  
Waffly Versatile™  
Grill 'em  
Bake 'em  
Load 'em  
Love 'em!  
Our mini waffles are so crispy and fluffy because they are made with freshly mashed potatoes

**Other Information**

'Birds Eye' and 'the logo shape' are trademarks of Nomad Foods Europe Limited

#### Further Description

For a Sustainable Tomorrow

Making a difference with responsibly sourced and prepared food every day

[birdseye.co.uk/our-sustainable-path](https://birdseye.co.uk/our-sustainable-path)

## Health & Lifestyle

#### Lifestyle

- Gluten free
- Suitable for Vegans

#### Additives

Artificial Colours - Free From

Artificial Flavours - Free From

Artificial Preservatives - Free From

## Storage & Usage

#### Cooking Guidelines

##### Cooking Instructions - General

To Prepare...

Tastiest when Oven Baked Straight from the Freezer.

- Please ensure food is cooked until piping hot.

- These instructions are guidelines only.

- Do not refreeze after defrosting.

Grill - From Frozen

High Grill, 5-10 mins

Pre-heat the grill.

Turn over occasionally.

Cook until crisp and golden yellow.

Do not overcook.

Follow recommended cooking times.

Oven cook - From Frozen

220°C, Fan 200°C, Gas Mark 7, 12-15 mins

Pre-heat the oven.

Place on a baking tray in the middle of the oven.

Turn over halfway through cooking.

Cook until crisp and golden yellow.

Do not overcook.

Follow recommended cooking times.

If preparing smaller quantities, reduce the cooking time.

Our potatoes vary throughout the year, so the time taken to become crisp and golden yellow may also vary.

#### Storage and Usage Statements

- Keep Frozen

## Storage Type

Type	Max Temp °C
Frozen	-18

#### Storage

Store in a freezer at -18°C or cooler

## Brandbank Captured Pack Data

### Pack Size

456g e

### Numeric Size

Numeric Size - 456

### Unit (specific)

Unit (specific) - Grams

### Pack Type

Type - Bag

### Recycling Scheme

- OPRL

### Recycling Other Text

Recycle with Bags at Large Supermarket - Don't recycle at home

### Usage Count

Number of uses - Servings

8

### Usage Other Text

This pack contains 8 portions

## Customer Services

### Manufacturers Address

Birds Eye Limited,  
Freepost ADM3939,  
London,  
SW1A 1YS.

Birds Eye Ireland,  
Monread Rd,  
Naas,  
Co. Kildare,  
W91 HE67,  
Ireland.

### Return To

Careline information...

Call us free on 0800 33 22 77 Mon - Fri 8am to 6pm

ROI: Callsave 1800 817 358

Birds Eye Limited,  
Freepost ADM3939,  
London,  
SW1A 1YS,  
www.birdseye.co.uk

Birds Eye Ireland,  
Monread Rd,  
Naas,  
Co. Kildare,  
W91 HE67,  
Ireland.

If writing, please enclose the Best Before End panel.

### Telephone Helpline

0800 33 22 77

ROI: 1800 817 358

### Web Address

www.birdseye.co.uk



## Extended Data

**Languages On Pack**

- English

**Description Breakdown**

Functional Name - Potato Waffles  
Variant - Mini

