



Product Information Sheet

Product Code 217397

Weight 300g

Product Type Individual

Product Name Level 4 Purée Petite Spaghetti Bolognaise

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	700kj	2100kj
Energy (kcal)	168kcal	504kcal
Fat	10g	31g
Saturated	2.9g	8.8g
Monounsaturated	5.0g	15g
Polyunsaturated	2.6g	7.9g
Carbohydrate	10g	31g
of which sugars	3.3g	9.8g
Fibre	1.4g	4.2g
Protein	7.5g	22g
Sodium	237mg	712mg
Salt equivalent	0.59g	1.8g
Potassium	246mg	737mg

Ingredient Declaration

skimmed **MILK**, beef (13%), water, tomato puree, beef stock, **WHEAT** semolina, rapeseed oil, cream (**MILK**), butter (**MILK**), tomato, **MILK** protein, emulsifier (**SOYA** lecithin), thickeners (methyl cellulose, xanthan gum, guar gum), **SOYA** protein, starch, **EGG**, sugar, iodised salt, garlic, natural flavourings (contains yeast extract), oregano, **WHEAT** flour, modified starch, thyme, caramelised sugar, paprika, pepper, lemon juice, nutmeg, garden lovage.

Diet Coding		Made Without	Free From
1 of 5 a Day		Alcohol	✓ Alcohol
Energy Dense	✓	Beef	Beef
Gluten Free		Celery	✓ Celery
Low Fat		Cheese	✓ Cheese
Low Salt		Crustacean	✓ Crustacean
Vegetarian		Egg & egg derivatives	Egg & egg derivatives
Low Saturated Fat		Fish	✓ Fish
Healthier Choice		Garlic	Garlic
Vegan		Milk & milk derivatives	Gluten
Soft		Mollusc	✓ Milk & milk derivatives
Reduced Sugars		Mushroom	✓ Mollusc
Low Sugars	✓	Mustard	✓ Mushroom
2 of 5 a Day		Nuts	✓ Mustard
3 of 5 a Day		Onion	✓ Nuts
Reducing		Peanuts	✓ Onion
High Protein		Soya	✓ Peanuts
Easy Chew		Tomato	Soya
Free From Milk		Yeast	Sulphur dioxide/sulphites
SourceFibre		Lupin	>10mg/kg
SourceOfProtein		Sesame	✓ Tomato
			✓ Yeast

Cooking Guidelines (all ovens may vary)

Cook from frozen. Cook until piping hot. Once cooked do not reheat.

Store at -18°C, do not refreeze once thawed

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