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# **Product Information Sheet**

Product Code 217027 Weight 275g

**Product Type** Individual

Product Name Level 4 Purée Petite Chicken Chasseur

### Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	783kJ	2154kJ
Energy (kcal)	188kcal	518kcal
Fat	13g	36g
Saturated	1.3g	3.5g
Monounsaturated	7.3g	20g
Polyunsaturated	4.3g	12g
Carbohydrate	8.5g	23g
of which sugars	1.8g	5.0g
Fibre	2.2g	5.9g
Protein	8.0g	22g
Sodium	243mg	668mg
Salt equivalent	0.61g	1.7g
Potassium	217mg	596mg

#### **Ingredient Declaration**

water, peas, chicken (14%), rapeseed oil, dried potato, **SOYA** protein, chicken stock, tomato puree, mushroom, tomato, white wine, emulsifiers (**SOYA** lecithin, mono- and diglycerides of fatty acids), onion, starch, inulin, maltodextrin, thickeners (methyl cellulose, xanthan gum, guar gum), natural flavourings (contains yeast extract), sugar, salt, caramelised sugar, tarragon, pea fibres, parsley, pepper, chicken fat, citrus fibres, turmeric, nutmeg.

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Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol		Alcohol	
Energy Dense	/	Beef	/	Beef	
Gluten Free	/	Celery	/	Celery	
Low Fat		Cheese	/	Cheese	
Low Salt		Crustacean	/	Crustacean	
Vegetarian		Egg & egg derivatives	/	Egg & egg derivatives	
Low Saturated Fat		Fish	/	Fish	
Healthier Choice		Garlic	./	Garlic	
Vegan		Milk & milk derivatives		Gluten	
Soft		Mollusc	/	Milk & milk derivatives	
Reduced Sugars		Mushroom		Mollusc	
Low Sugars	/			Mushroom	
2 of 5 a Day		Mustard	<b>/</b>	Mustard	
3 of 5 a Day		Nuts	<u> </u>	Nuts	
Reducing		Onion		Onion	
High Protein		Peanuts	<u> </u>	Peanuts	
Easy Chew		Soya		Soya	
Free From Milk		Tomato		Sulphur dioxide/sulphites	
SourceFibre		Yeast		>10mg/kg	✓
SourceOfProtein		Lupin	/	Tomato	
2 2 3 33 2 3 3 2		Sesame	/	Yeast	

# Cooking Guidelines (all ovens may vary)

Cook from frozen. Cook until piping hot. Once cooked do not reheat. Microwave - cook on HALF POWER

## Store at -18°C, do not refreeze once thawed

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