



Product Information Sheet

Product Code 292419

Weight 140g

Product Type Individual

Product Name Fruit Cocktail

Nutrition (as consumed)

| | Quantity Units (per 100g) | Quantity Units (per portion) |
|-----------------|---------------------------|------------------------------|
| Energy (kj) | 159kj | 223kj |
| Energy (kcal) | 38kcal | 53kcal |
| Fat | <0.5g | <0.5g |
| Saturated | <0.1g | <0.1g |
| Monounsaturated | <0.1g | <0.1g |
| Polyunsaturated | <0.1g | <0.1g |
| Carbohydrate | 7.7g | 11g |
| of which sugars | 6.0g | 8.4g |
| Fibre | 2.0g | 2.8g |
| Protein | 0.5g | 0.7g |
| Sodium | <0.01mg | <0.01mg |
| Salt equivalent | <0.01g | <0.01g |
| Potassium | 60mg | 84mg |

Ingredient Declaration

fruit (50%) (pineapple, cantaloupe melon, honeydew melon, mango, papaya, grapes), water, apple juice concentrate (3%), acid (citric acid).

Warnings:

⚠ May contain nut or peanut.

| Diet Coding | | Made Without | | Free From | |
|-------------------|---|-------------------------|---|------------------------------------|---|
| 1 of 5 a Day | | Alcohol | ✓ | Alcohol | |
| Energy Dense | | Beef | ✓ | Beef | |
| Gluten Free | ✓ | Celery | ✓ | Celery | |
| Low Fat | ✓ | Cheese | ✓ | Cheese | |
| Low Salt | ✓ | Crustacean | ✓ | Crustacean | |
| Vegetarian | ✓ | Egg & Egg Derivatives | ✓ | Egg & egg derivatives | |
| Low Saturated Fat | | Fish | ✓ | Fish | |
| Healthier Choice | ✓ | Garlic | ✓ | Garlic | |
| Vegan | ✓ | Lupin | ✓ | Gluten | ✓ |
| Soft | | Milk & Milk Derivatives | ✓ | Milk & milk derivatives | |
| Reduced Sugars | | Mollusc | ✓ | Mollusc | |
| Low Sugars | | Mushroom | ✓ | Mushroom | |
| 2 of 5 a Day | | Mustard | ✓ | Mustard | |
| 3 of 5 a Day | | Nuts | ✓ | Nuts | |
| Reducing | | Onion | ✓ | Onion | |
| High Protein | | Peanut | ✓ | Peanuts | |
| Easy Chew | | Sesame | ✓ | Soya | |
| Free From Milk | | Soya | ✓ | Sulphur dioxide/sulphites >10mg/kg | ✓ |
| SourceFibre | | Tomato | ✓ | Tomato | |
| SourceOfProtein | | Yeast | ✓ | Yeast | |
| | | Almond | ✓ | | |
| | | Brazil | ✓ | | |
| | | Cashew | ✓ | | |
| | | Hazlenut | ✓ | | |
| | | Macadamia | ✓ | | |
| | | Pecan | ✓ | | |
| | | Pistachio | ✓ | | |
| | | Queensland | ✓ | | |
| | | Walnut | ✓ | | |
| | | Wheat | | | |
| | | Rye | | | |
| | | Barley | | | |
| | | Oats | | | |

Cooking Guidelines (all ovens may vary)

Leave in packaging and defrost for 4 hours in a refrigerator at 5°C. Once defrosted keep refrigerated and consume within 24 hours.

Store at -18°C, do not refreeze once thawed

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