



Product Information Sheet

Product Code 324870

Weight 1200g

Product Type Large / Multi-Portion

Product Name Custard

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	527kj	791kj
Energy (kcal)	127kcal	190kcal
Fat	9.0g	13g
Saturated	1.4g	2.1g
Monounsaturated	5.3g	7.9g
Polyunsaturated	2.3g	3.4g
Carbohydrate	11g	16g
of which sugars	7.4g	11g
Fibre	<0.5g	<0.5g
Protein	0.6g	0.8g
Sodium	122mg	183mg
Salt equivalent	0.30g	0.46g
Potassium	68mg	102mg

Ingredient Declaration

water, rapeseed oil, sugar, modified starch, whey (**milk**) powder, palm fat, cornflour, **milk** proteins, glucose syrup, salt, natural flavouring (contains **milk**), colour (annatto norbixin).

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense		Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives		Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars		Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion	✓	Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew	✓	Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato	✓	Tomato	
SourceOfProtein		Yeast	✓	Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

Cooking Guidelines (all ovens may vary)

Cook with lid on. Always cook from frozen. Stir before serving.

Store at -18°C, do not refreeze once thawed

Product Code 328870
Product Type Small / Twin
Product Name Custard

Weight 450g

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	527kj	791kj
Energy (kcal)	127kcal	190kcal
Fat	9.0g	13g
Saturated	1.4g	2.1g
Monounsaturated	5.3g	7.9g
Polyunsaturated	2.3g	3.4g
Carbohydrate	11g	16g
of which sugars	7.4g	11g
Fibre	<0.5g	<0.5g
Protein	0.6g	0.8g
Sodium	122mg	183mg
Salt equivalent	0.30g	0.46g
Potassium	68mg	102mg

Ingredient Declaration

water, rapeseed oil, sugar, modified starch, whey (**milk**) powder, palm fat, cornflour, **milk** proteins, glucose syrup, salt, natural flavouring (contains **milk**), colour (annatto norbixin).

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense		Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives		Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars		Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion	✓	Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew	✓	Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato	✓	Tomato	
SourceOfProtein		Yeast	✓	Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

Cooking Guidelines (all ovens may vary)

Cook with lid on. Always cook from frozen. Stir before serving.

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