

# Goodlife Vegetable Quarter Pounder (24 x 113g)

Goodlife Vegetable Quarter Pounder

## PRODUCT DESCRIPTION

Made with lightly seasoned vegetables (carrot, sweetcorn, red pepper, onion, peas) coated in a crispy crumb.

<b>Brand</b>	The Foodfellas
<b>Manufacturer Product Code</b>	900159
<b>Product Type</b>	Food
<b>Product Category</b>	Vegetables - Frozen
<b>Storage Type</b>	Frozen
<b>Erudus ID</b>	6f064e7bec0f4a26a30ad6aacfa3e10d
<b>Specification Type</b>	Fruit and Vegetables



## INGREDIENTS

### Ingredient Declaration

Vegetables (51%) (Carrot, corn, Red Pepper, Onion, Peas, Cauliflower, Green Beans), Breadcrumbs (**WHEAT** Flour, Yeast, Dextrose, Salt, Spices (Paprika, Turmeric), Water, Potato Flakes (Potato, Antioxidant (Extracts of Rosemary)), Rapeseed Oil, Potatoes. **WHEAT** Flour, Potato Starch, Yeast Extract, Salt, Spices, Sugar.

## ALLERGENS

Product Contains:

<b>Celery/Celeriac</b>	No	<b>Mustard</b>	No
<b>Cereals Containing Gluten</b>	Yes	<b>Nuts (Tree)</b>	No
<b>Barley</b>	No	<b>Almond nuts</b>	No
<b>Oats</b>	No	<b>Brazil nuts</b>	No
<b>Rye</b>	No	<b>Cashew nuts</b>	No
<b>Wheat (including Spelt and Khorasan)</b>	Yes	<b>Hazelnuts</b>	No
<b>Crustacea</b>	No	<b>Macadamia (Queensland) nuts</b>	No
<b>Eggs</b>	No	<b>Pecan nuts</b>	No
<b>Fish</b>	No	<b>Pistachio nuts</b>	No
<b>Lupin</b>	No	<b>Walnuts</b>	No
<b>Milk</b>	No	<b>Peanuts</b>	No
<b>Molluscs</b>	No	<b>Sesame Seeds</b>	No
		<b>Soybeans</b>	No
		<b>Sulphur Dioxide and Sulphites</b>	No

### Allergen Statement On Pack

For allergens, including cereals containing gluten, see ingredients in BOLD.

### Additional Allergen Information

Suitable for lactose intolerance but not tested for the absence.

## SUPPLEMENTARY INGREDIENT INFORMATION

<b>Palm Oil</b>	No
<b>Hydrogenated Vegetable Oil/Fat</b>	No
<b>GM Protein/DNA</b>	No

ADDITIVES

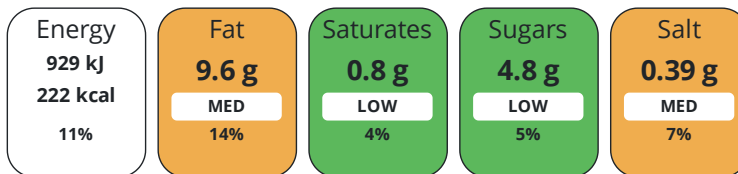
Product Contains:

<b>Artificial Antioxidants</b>	No	<b>Artificial Flavourings</b>	No
<b>Artificial Colours</b>	No	<b>Artificial Preservatives</b>	No
<b>Artificial Flavour Enhancers</b>	No	<b>Artificial Sweeteners</b>	No
<b>Vegan Diet</b>	Suitable for	<b>Vegetarian Diet</b>	Suitable for
<b>Halal Diet</b>	No	<b>Kosher Diet</b>	No

DIET SUITABILITY

NUTRITIONAL INFORMATION

Each 100g/ml portion contains:



of your reference intake.

Typical values per 100g/ml : Energy 222kcal / 929kj

Nutrient	per 100g	RI per 100g	per 113g serving	RI per 113g serving
<b>Energy (kJ)</b>	929 kJ	11%	1049.8 kJ	12%
<b>Energy (kcal)</b>	222 kcal	11%	250.9 kcal	13%
<b>Fat</b>	9.6 g	14%	10.8 g	15%
<b>of which Saturates</b>	0.8 g	4%	0.9 g	5%
<b>Carbohydrate</b>	26.9 g	10%	30.4 g	12%
<b>of which Sugars</b>	4.8 g	5%	5.4 g	6%
<b>Fibre</b>	5 g		5.7 g	
<b>Protein</b>	4.5 g	9%	5.1 g	10%
<b>Salt</b>	0.39 g	7%	0.4 g	7%
<b>Sodium</b>	156 mg		176.3 mg	
<b>Serving Size</b>	113 g			

SUPPLEMENTARY NUTRITIONAL INFORMATION

HFSS (HIGH IN FAT, SALT AND SUGAR) HANDLING & STORAGE INFORMATION

<b>HFSS Status</b>	Yes
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**Directions For Use**

For best results cook from frozen. Remove product from packaging. Ovenbake: Preheat oven to 230°C. Place on a pre-heated baking tray and cook for approximately 20 minutes, turning once. For fan assisted ovens, cooking time should be reduced. For best results refer to manufacturer's handbook. Deep Fry: Fry in hot oil (180°C) for approximately 5 minutes. Drain well before serving. Ensure food is piping hot before serving.

**Storage Instructions**

Store at -18°C or colder.

<b>Shelf Life from Time of Production</b>	548 Days	<b>Exempt From Shelf Life Labelling</b>	No
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ACCREDITATIONS/ CERTIFICATIONS/ ASSURANCE SCHEMES

<b>IFS Food Standard</b>		<b>Other Accreditation</b>	
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ORIGIN	<b>Product Country of Origin/Place of Provenance</b>		Netherlands (the)				
	<b>Additional Origin Details</b>						
N/A							
PRODUCT CHARACTERISTICS	Standards Testing						
	<b>Do you undertake trend analysis of microbiological results?</b>		No	<b>Is shelf life testing undertaken?</b>		No	
	Microbiological Standards						
	<b>Organism</b>	<b>Description</b>	<b>Frequency</b>	<b>Target</b>	<b>Maximum</b>	<b>Sample (g or ml)</b>	
E. Coli (cfu/g or ml)		Every Batch	<10	100	1		
Staphylococcus Aureus (cfu/g or ml)		Every Batch	<20	20	1		
Salmonella (cfu/g or ml)		Every Batch	=0	0	25		
CONFIGURATION	Case Configuration		Inner Pack Configuration				
	<b>Total Quantity of Inner Components in Outer Case</b>		24 Units				
	<b>Is the Outer Case Splittable?</b>		No				
PRODUCT WEIGHTS	Inner Component						
	<b>Variable Weight Consumer Item</b>		Yes				
	Outer Case						
	<b>Outer Case Gross Weight</b>		2.92 kg				
<b>Outer Case Net Weight</b>		2.71 kg					
PRODUCT DIMENSIONS	Inner Component						
	<b>Inner Component Depth</b>		0 mm				
	<b>Inner Component Width</b>		0 mm				
	<b>Inner Component Height</b>		0 mm				
	Outer Case						
	<b>Outer Case Depth</b>		326 mm				
	<b>Outer Case Width</b>		226 mm				
	<b>Outer Case Height</b>		142 mm				
PALLET INFORMATION	<b>Quantity of Cases Per Pallet Layer</b>		15 Cases	<b>Pallet Height</b>		1.57 MTR	
	<b>Quantity of Layers Per Pallet</b>		10 Layers	<b>Pallet Gross Weight</b>		457.8 kg	
	<b>Quantity of Cases Per Pallet</b>		150 Cases				
PACKAGING	Inner Component Packaging						
	<b>Type</b>	<b>Materials</b>	<b>Weight</b>	<b>Recycled Plastic %</b>	<b>Recyclable</b>	<b>Returnable</b>	<b>Composite</b>
	Carton	Paper/Cardboard	20 g	- %			
	Outer Case Packaging						
	<b>Type</b>	<b>Materials</b>	<b>Weight</b>	<b>Recycled Plastic %</b>	<b>Recyclable</b>	<b>Returnable</b>	<b>Composite</b>
	Case	Paper/Cardboard	142 g	- %			
	Transport Packaging						
	<b>Type</b>	<b>Materials</b>	<b>Weight</b>	<b>Recycled Plastic %</b>	<b>Recyclable</b>	<b>Returnable</b>	<b>Composite</b>
	Other	Plastic	600 g	- %			
	Other	Wood	19200 g	- %			

OTHER  
INFORMATION

**Commodity Code** 2106909855

**Manufacturer Comments**

outer case barcode is already in use by another user. 05030755997534

CONTACT  
INFORMATION

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