

Product Information Sheet

Product Code 324813

Weight 1120g

Product Type Large / Multi-Portion **Product Name** Rhubarb Crumble

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	856kJ	1198kJ
Energy (kcal)	204kcal	285kcal
Fat	6.8g	9.6g
Saturated	2.4g	3.4g
Monounsaturated	2.8g	3.9g
Polyunsaturated	1.3g	1.8g
Carbohydrate	32g	44g
of which sugars	17g	23g
Fibre	1.9g	2.6g
Protein	3.0g	4.1g
Sodium	7mg	10mg
Salt equivalent	0.02g	0.03g
Potassium	107mg	150mg

Ingredient Declaration

rhubarb (44%), sugar, **wheat** flour (with calcium, iron, niacin, thiamin), water, vegetable oils (palm, rapeseed), **oats**, cornflour, cane molasses.

1 of 5 a DayAlcoholAlcoholEnergy DenseBeefBeefGluten FreeCeleryCeleryLow FatCheeseCheeseLow SaltCrustaceanEgg & Egg DerivativesVegetarianEgg & Egg DerivativesFishFatGarlicGarlicHealthier ChoiceLupinMilk & milk derivativesVeganMilk & MilkMolluscSoftDerivativesMolluscReduced SugarsMolluscMushroomLow SugarsMushroomMustard2 of 5 a DayMustardOnionReducingNutsPeanutsHigh ProteinOnionSoyaEasy ChewSesameSulphur dioxide/sulphitesFree From MilkSesameJong/kg	
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SourceFibre Soya / Tomato	_
SourceOfProtein Tomato Yeast	
Yeast	
Almond	
Brazil 🗸	
Cashew	
Hazlenut 🗸	
Macadamia 🗸	
Pecan /	
Pistachio	
Queensland	
Walnut	
Wheat	
Rye	
Barley	
Oats	

Cooking Guidelines (all ovens may vary)

Cook with lid off. Cook from frozen.

Store at -18°C, do not refreeze once thawed

Product Code 328813

Weight 420g

Product Type Small / Twin

Product Name Rhubarb Crumble

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	846kJ	1185kJ
Energy (kcal)	201kcal	282kcal
Fat	6.7g	9.4g
Saturated	2.4g	3.3g
Monounsaturated	2.7g	3.8g
Polyunsaturated	1.2g	1.7g
Carbohydrate	31g	44g
of which sugars	17g	23g
Fibre	1.9g	2.6g
Protein	2.9g	4.1g
Sodium	7mg	10mg
Salt equivalent	0.02g	0.03g
Potassium	107mg	149mg

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1 of 5 a Day Energy Dense Gluten Free Low Fat Alcohol Beef Celery Cheese	Alcohol Beef Celery Cheese Crustacean
Gluten Free Celery	Celery Cheese
	Cheese
Low Est	
Low Fat Cheese	Crustacean
Low Salt	
Vegetarian	Egg & egg derivatives
Low Saturated Fish	Fish
Fat	Garlic
Healthier Choice Lupin	Gluten
Vegan / Milk & Milk	Milk & milk derivatives
Soft Derivatives	✓ Mollusc
Reduced Sugars Mollusc	Mushroom
Low Sugars Mushroom	Mustard
2 of 5 a Day Mustard	Nuts
3 of 5 a Day Nuts	Onion
Reducing	Peanuts
High Protein Onion	Soya
Easy Chew Peanut	Sulphur dioxide/sulphites
Free From Milk Sesame	✓ >10mg/kg
SourceFibre	Tomato
SourceOfProtein Tomato	Yeast
Yeast	
Almond	
Brazil	
Cashew	/
Hazlenut	
Macadamia	
Pecan	
Pistachio	
Queensland	
Walnut	
Wheat	
Rye	
Barley	
Oats	

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