

# Product Information Sheet

Product Code 324411

Weight 1360g

Product Type Large / Multi-Portion

Product Name Chicken Chasseur

## Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	309kj	525kj
Energy (kcal)	73kcal	125kcal
Fat	2.4g	4.1g
Saturated	0.6g	1.0g
Monounsaturated	0.9g	1.6g
Polyunsaturated	0.4g	0.8g
Carbohydrate	2.6g	4.4g
of which sugars	0.6g	0.9g
Fibre	<0.5g	0.5g
Protein	9.5g	16g
Sodium	294mg	499mg
Salt equivalent	0.73g	1.2g
Potassium	204mg	346mg

## Ingredient Declaration

cooked chicken (36%), water, mushroom (8%), tomato, white wine (5%), onion, modified starch, rapeseed oil, salt, natural flavouring, garlic, starch, parsley, roast chicken carcass, caramelised sugar, tarragon, pepper, sugar, yeast extract, cornflour, tomato puree, carrot juice concentrate, leek juice concentrate.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol		Alcohol	
Energy Dense		Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat	✓	Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
		Garlic		Garlic	
Healthier Choice	✓	Lupin	✓	Gluten	✓
Vegan		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Soft		Derivatives	✓	Mollusc	
Reduced Sugars		Mollusc	✓	Mushroom	
Low Sugars	✓	Mushroom		Mustard	
2 of 5 a Day		Mustard	✓	Nuts	
3 of 5 a Day		Nuts	✓	Onion	
Reducing		Onion		Peanuts	
High Protein	✓	Peanut	✓	Soya	
Easy Chew		Sesame	✓	Sulphur dioxide/sulphites >10mg/kg	✓
Free From Milk		Soya	✓	Tomato	
SourceFibre		Tomato		Yeast	
SourceOfProtein		Yeast			
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

**Cooking Guidelines (all ovens may vary)**

Cook from frozen. Lid on.

**Store at -18°C, do not refreeze once thawed**

**Product Code** 328411

**Weight** 340g

**Product Type** Small / Twin

**Product Name** Chicken Chasseur

**Nutrition (as consumed)**

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	309kj	525kj
Energy (kcal)	74kcal	125kcal
Fat	2.4g	4.1g
Saturated	0.6g	1.0g
Monounsaturated	0.9g	1.6g
Polyunsaturated	0.4g	0.8g
Carbohydrate	2.6g	4.4g
of which sugars	0.5g	0.9g
Fibre	<0.5g	0.5g
Protein	9.5g	16g
Sodium	293mg	498mg
Salt equivalent	0.73g	1.2g
Potassium	204mg	346mg

**Ingredient Declaration**

cooked chicken (36%), water, mushroom (8%), tomato, white wine (5%), onion, modified starch, rapeseed oil, salt, natural flavouring, garlic, starch, parsley, roast chicken carcass, caramelised sugar, tarragon, pepper, sugar, yeast extract, cornflour, tomato puree, carrot juice concentrate, leek juice concentrate.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol		Alcohol	
Energy Dense		Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat	✓	Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice	✓	Garlic		Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives	✓	Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom		Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew		Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

**Cooking Guidelines (all ovens may vary)**

Cook with lid on. Cook from frozen.

**Store at -18°C, do not refreeze once thawed**

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