

Product Information Sheet

Product Code 324434

Weight 1600g

Product Type Large / Multi-Portion

Product Name Potato Topped Chicken Pie

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	742kj	1484kj
Energy (kcal)	178kcal	356kcal
Fat	11g	22g
Saturated	3.7g	7.4g
Monounsaturated	4.9g	9.9g
Polyunsaturated	1.9g	3.7g
Carbohydrate	11g	23g
of which sugars	1.7g	3.5g
Fibre	1.0g	1.9g
Protein	7.6g	15g
Sodium	283mg	566mg
Salt equivalent	0.71g	1.4g
Potassium	220mg	440mg

Ingredient Declaration

potato, cooked chicken (17%), water, Cheddar cheese (**milk**), vegetable oils (rapeseed, palm, sunflower), cream (**milk**), onion, maltodextrin, cider, apple, mushroom, modified starch, butter (**milk**), **mustard** powder, salt, stabilisers (cellulose, hydroxypropyl methyl cellulose), starch, skimmed **milk** powder, dried **milk**, natural flavouring, pepper, garlic, roast chicken carcass, dried sage, parsley, sugar, yeast extract, cornflour, tomato puree, carrot juice concentrate, leek juice concentrate.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol		Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese		Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives		Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom		Mushroom	
2 of 5 a Day		Mustard		Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew	✓	Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

Cooking Guidelines (all ovens may vary)

Cook from frozen. Lid off.

Store at -18°C, do not refreeze once thawed

Product Code 328434

Weight 400g

Product Type Small / Twin

Product Name Potato Topped Chicken Pie

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	742kj	1484kj
Energy (kcal)	178kcal	356kcal
Fat	11g	22g
Saturated	3.7g	7.4g
Monounsaturated	4.9g	9.9g
Polyunsaturated	1.9g	3.7g
Carbohydrate	11g	23g
of which sugars	1.7g	3.5g
Fibre	1.0g	1.9g
Protein	7.6g	15g
Sodium	283mg	566mg
Salt equivalent	0.71g	1.4g
Potassium	220mg	440mg

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potato, cooked chicken (17%), water, Cheddar cheese (**milk**), vegetable oils (rapeseed, palm, sunflower), cream (**milk**), onion, maltodextrin, cider, apple, mushroom, modified starch, butter (**milk**), **mustard** powder, salt, stabilisers (cellulose, hydroxypropyl methyl cellulose), starch, skimmed **milk** powder, dried **milk**, natural flavouring, pepper, garlic, roast chicken carcass, dried sage, parsley, sugar, yeast extract, cornflour, tomato puree, carrot juice concentrate, leek juice concentrate.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol		Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese		Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian		Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic		Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives		Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom		Mushroom	
2 of 5 a Day		Mustard		Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew	✓	Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

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