

## Mushroom & Spinach Kiev

Brand: Goodlife

Product Description:

Mushroom and spinach filled with a cheese & garlic sauce coated in breadcrumb.

<b>The FoodFellas Product Code</b>	<b>900351</b>	<b>Case Weight (gross)</b>	<b>1.7 kg</b>
<b>Product State</b> (Ambient/Chilled/Frozen)	<b>Frozen</b>	<b>Cases per Layer</b>	<b>20</b>
<b>Country of Origin</b>	<b>The Netherlands</b>	<b>Cases per Pallet</b>	<b>180</b>
<b>Average Piece Weight</b>	<b>125g</b>	<b>Inner Barcode</b>	<b>5012869541926</b>
<b>Pack Size (e.g. 3x4kg)</b>	<b>6x2x125g</b>	<b>Outer Barcode</b>	<b>05012869600951</b>
		<b>EEC Mark</b>	<b>N/A</b>

**Ingredient Declaration:** Mushroom (16%), Cheese & Garlic Sauce (14%) (Mature Cheddar Cheese (**Milk**), Full Fat Soft Cheese (**Milk**), Water, Butter (**Milk**), Garlic Powder, Parsley, Salt, Cornflour), **Wheat** Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Brown Rice, Onion, Spinach (8%), Water, Rapeseed Oil, Dried Potato, Tapioca Starch, Maize Flour, Free Range **Egg** White Powder, Garlic Powder, Onion Powder, Salt, Yeast Extract, Yeast, Linseed, Millet, Sunflower Seed, Poppy Seeds Thyme

**Allergy Advice:** For allergens including cereals containing gluten, see ingredients in **bold**.

**Nutrition Information**

Typical values per 100g as consumed:

<b>Energy kJ</b>	858
<b>Energy kcal</b>	205
<b>Fat</b>	11 g
<b>Of which saturates</b>	2.0 g
<b>Carbohydrate</b>	19 g
<b>of which sugars</b>	1.8 g
<b>Fibre</b>	3.2 g
<b>Protein</b>	6.5 g
<b>Salt</b>	1.1 g

**Microbiological standards**

Organism	Target (cfu/g)	Maximum (cfu/g)
<b>TVC/APC</b>	-	-
<b>E.Coli</b>	10	100
<b>Staph. aureus</b>	<20	20
<b>Salmonella spp</b>	ND in 25g	Detected in 25g
<b>Listeria spp</b>	-	-
<b>Coliforms</b>	-	-
<b>Yeast &amp; Moulds</b>	-	-
<b>Others:</b>		
<b>C. perfringens</b>		

**Cooking Guidelines**

<b>Microwave (State Wattage)</b>	-
<b>Oven</b>	Preheat oven to 200°C/ Gas Mark 6. Place on a baking tray and cook for approximately 20 minutes.
<b>Deep Fry</b>	-
<b>Grill</b>	-
<b>Other Cooking or Serving Instructions</b>	For best results cook from frozen.

**Shelf Life**

	<b>Unopened</b>	<b>Defrosted</b>	<b>Once Opened</b>
<b>Shelf Life</b>	18 months	N/A	18 months
<b>Storage Instruction</b>	< -18 °C	N/A	< -18°C

**Suitable for**

Suitable for Vegetarians Yes Suitable for Vegans No

**Claims**

Lactose Intolerance No Suitable for Coeliac No Halal Approved No Kosher Approved No Organic Approved No

<b>Spec. Version No:</b>	2	<b>Spec. Version Date:</b>	15/0/2021
--------------------------	---	----------------------------	-----------

<b>Doc Ref:</b>	<b>Issue No:</b>	<b>Date of Issue:</b>	<b>Authorised By:</b>
WD09	5	26-06-19	I.El-Osta