



# Product Information Sheet

**Product Code** 324656

**Weight** 1200g

**Product Type** Large / Multi-Portion

**Product Name** Tomato Soup

## Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	292kj	437kj
Energy (kcal)	70kcal	105kcal
Fat	4.3g	6.4g
Saturated	0.6g	0.9g
Monounsaturated	2.4g	3.7g
Polyunsaturated	1.1g	1.7g
Carbohydrate	5.4g	8.1g
of which sugars	4.1g	6.1g
Fibre	0.7g	1.0g
Protein	2.1g	3.1g
Sodium	223mg	335mg
Salt equivalent	0.56g	0.84g
Potassium	229mg	343mg

## Ingredient Declaration

tomato (50%), water, onion, tomato puree (6%), rapeseed oil, cream (**milk**), sugar, modified starch, pea protein, natural flavouring, salt, pepper.

## Warnings:

⚠ May contain soya.

Diet Coding		Made Without		Free From	
1 of 5 a Day		Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives		Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein		Peanut	✓	Peanuts	
Easy Chew	✓	Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

## **Cooking Guidelines (all ovens may vary)**

Cook with lid on. Cook from frozen.

**Store at -18°C, do not refreeze once thawed**

**Product Code** 328656**Weight**450g**Product Type** Small / Twin**Product Name** Tomato Soup**Nutrition (as consumed)**

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kj)	291kj	437kj
Energy (kcal)	70kcal	105kcal
Fat	4.3g	6.5g
Saturated	0.6g	0.9g
Monounsaturated	2.5g	3.7g
Polyunsaturated	1.1g	1.7g
Carbohydrate	5.4g	8.0g
of which sugars	4.0g	6.1g
Fibre	0.7g	1.0g
Protein	2.1g	3.1g
Sodium	227mg	340mg
Salt equivalent	0.57g	0.85g
Potassium	229mg	343mg

**Ingredient Declaration**

tomato (50%), water, onion, tomato puree (6%), rapeseed oil, cream (milk), sugar, modified starch, pea protein, yeast extract, salt, pepper.

**Warnings:**

⚠ May contain soya.

Diet Coding		Made Without		Free From	
1 of 5 a Day	✓	Alcohol	✓	Alcohol	
Energy Dense	✓	Beef	✓	Beef	
Gluten Free	✓	Celery	✓	Celery	
Low Fat		Cheese	✓	Cheese	
Low Salt		Crustacean	✓	Crustacean	
Vegetarian	✓	Egg & Egg Derivatives	✓	Egg & egg derivatives	
Low Saturated Fat		Fish	✓	Fish	
Healthier Choice		Garlic	✓	Garlic	
Vegan		Lupin	✓	Gluten	✓
Soft		Milk & Milk Derivatives		Milk & milk derivatives	
Reduced Sugars		Mollusc	✓	Mollusc	
Low Sugars	✓	Mushroom	✓	Mushroom	
2 of 5 a Day		Mustard	✓	Mustard	
3 of 5 a Day		Nuts	✓	Nuts	
Reducing		Onion		Onion	
High Protein	✓	Peanut	✓	Peanuts	
Easy Chew	✓	Sesame	✓	Soya	
Free From Milk		Soya	✓	Sulphur dioxide/sulphites >10mg/kg	✓
SourceFibre		Tomato		Tomato	
SourceOfProtein		Yeast		Yeast	
		Almond	✓		
		Brazil	✓		
		Cashew	✓		
		Hazlenut	✓		
		Macadamia	✓		
		Pecan	✓		
		Pistachio	✓		
		Queensland	✓		
		Walnut	✓		
		Wheat			
		Rye			
		Barley			
		Oats			

## **Cooking Guidelines (all ovens may vary)**

Cook with lid on. Always cook from frozen. Stir before serving.

**Store at -18°C, do not refreeze once thawed**

Canal Road, Trowbridge, Wiltshire, BA14 8RJ U.K. Tel: 01225 753636 Fax: 01225 777084