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Product Information Sheet

Product Code 217013 Weight 275g

Product Type Individual

Product Name Level 4 Purée Petite Sausage, Chips & Beans

Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	770kJ	2116kJ
Energy (kcal)	185kcal	508kcal
Fat	12g	34g
Saturated	1.6g	4.4g
Monounsaturated	6.9g	19g
Polyunsaturated	3.8g	10g
Carbohydrate	9.6g	26g
of which sugars	1.9g	5.2g
Fibre	1.5g	4.2g
Protein	8.0g	22g
Sodium	282mg	776mg
Salt equivalent	0.71g	1.9g
Potassium	225mg	620mg

Ingredient Declaration

water, pork (14%), potato, rapeseed oil, dried haricot beans (4.5%), tomato, tomato puree, **SOYA** protein, onion, sugar, emulsifier (**SOYA** lecithin), thickeners (methyl cellulose, xanthan gum, guar gum), waxy maize starch, carrot juice, sunflower oil, salt, spirit vinegar, pea starch, natural flavourings (contains **EGG**), garlic, caramelised sugar, iodised salt, **MUSTARD** seed, dextrose, paprika, yeast extract, concentrated onion juice, **BARLEY** malt extract, pepper, lemon juice, citrus fibres, turmeric, sage, concentrated tomato puree, thyme, herbs, preservative (sodium nitrite).

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Diet Coding		Made Without		Free From	
1 of 5 a Day	/	Alcohol	/	Alcohol	
Energy Dense	/	Beef	/	Beef	
Gluten Free		Celery	/	Celery	
Low Fat		Cheese	/	Cheese	
Low Salt		Crustacean		Crustacean	
Vegetarian		Egg & Egg Derivatives	•	Egg & egg derivatives	
Low Saturated		Fish		Fish	
Fat		Garlic		Garlic	
Healthier Choice		- Lupin		Gluten	
Vegan		Milk & Milk	~	Milk & milk derivatives	
Soft		Derivatives	/	Mollusc	
Reduced Sugars		- Mollusc		Mushroom	
Low Sugars		- Mushroom	1./	Mustard	
2 of 5 a Day		Mustard	•	Nuts	
3 of 5 a Day		- Nuts		Onion	
Reducing		Onion	~	Peanuts	
High Protein	//	- Peanut		Soya	
Easy Chew		Sesame		Sulphur dioxide/sulphites	
Free From Milk		Soya		>10mg/kg	
SourceFibre		Tomato	-	Tomato	
SourceOfProtein		Yeast	+	Yeast	
		Almond	/		
		Brazil			
			\ <u>\</u>		
		Cashew	\ <u>\</u>		
		Hazlenut	/		
		Macadamia	/		
		Pecan	/		
		Pistachio	/		
		Queensland	/		
		Walnut	/		
		Wheat	/		
		Rye	/		
		Barley			
		Oats	/		

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Cooking Guidelines (all ovens may vary)

Always cook from frozen. Cook with film lid on. Ensure food is piping hot before serving. Once cooked do not reheat.

Store at -18°C, do not refreeze once thawed

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