my apetito

# **Product Information Sheet**

Product Code 324235

WILTSHIRE INT. FARM 1997

Weight 1360g

**Product Type** Large / Multi-Portion **Product Name** Roast Pork in Gravy

### Nutrition (as consumed)

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	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	363kJ	617kJ
Energy (kcal)	87kcal	148kcal
Fat	4.6g	7.8g
Saturated	1.3g	2.2g
Monounsaturated	2.2g	3.7g
Polyunsaturated	0.9g	1.6g
Carbohydrate	2.5g	4.3g
of which sugars	<0.5g	0.6g
Fibre	<0.5g	<0.5g
Protein	8.7g	15g
Sodium	363mg	616mg
Salt equivalent	0.91g	1.5g
Potassium	199mg	339mg

# **Ingredient Declaration**

water, roast formed pork (40%), modified starch, rapeseed oil, salt, tomato puree, stabilisers (diphosphates, triphosphates, carrageenan), yeast extract, roast chicken carcass, caramelised sugar, dextrose, sugar, cornflour, carrot juice concentrate, leek juice concentrate. 04/10/2024, 10:35

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Alcohol Beef Celery Cheese Crustacean Egg & Egg Derivatives Fish Garlic Lupin Milk & Milk Derivatives Mollusc		Alcohol Beef Celery Cheese Crustacean Egg & egg derivatives Fish Garlic Gluten Milk & milk derivatives	
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Lupin Milk & Milk Derivatives			
Milk & Milk Derivatives		Milk & milk derivatives	
Derivatives	$\checkmark$		
		Mollusc	
		Mushroom	
Mushroom		Mustard	
		Nuts	
		Onion	
	$\checkmark$	Peanuts	
		Soya	
Peanut	$\checkmark$	Sulphur dioxide/sulphites	
Sesame	$\checkmark$	>10mg/kg	
Soya	$\checkmark$	Tomato	
Tomato		Yeast	
Yeast			
Almond	$\checkmark$		
Brazil	$\checkmark$		
Cashew	$\checkmark$		
Hazlenut	$\checkmark$		
Macadamia	$\checkmark$		
Pecan	./		
Pistachio	× _/		
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	Soya Tomato Yeast Almond Brazil Cashew Hazlenut Macadamia Pecan	NutsImage: state interval and in	NutsOnionNutsImage: PeanutsOnionSoyaPeanutSoyaPeanutImage: SoyaSesameImage: SoyaSoyaImage: Soya

# Cooking Guidelines (all ovens may vary)

Cook with lid on. Always cook from frozen.

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Weight 340g

# Product Code 328235Product Type Small / TwinProduct Name Roast Pork In Gravy

# Nutrition (as consumed)

	Quantity Units (per 100g)	Quantity Units (per portion)
Energy (kJ)	363kJ	617kJ
Energy (kcal)	87kcal	148kcal
Fat	4.6g	7.8g
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Monounsaturated	2.2g	3.7g
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<ul> <li>Alcohol</li> <li>Beef</li> <li>Celery</li> <li>Cheese</li> <li>Crustacean</li> <li>Egg &amp; Egg Derivatives</li> <li>Fish</li> <li>Garlic</li> </ul>		Alcohol Beef Celery Cheese Crustacean Egg & egg derivatives	
<ul> <li>Celery</li> <li>Cheese</li> <li>Crustacean</li> <li>Egg &amp; Egg Derivatives</li> <li>Fish</li> </ul>		Celery Cheese Crustacean	
Cheese Crustacean Egg & Egg Derivatives Fish	<ul> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> <li>✓</li> </ul>	Cheese Crustacean	
Crustacean Egg & Egg Derivatives Fish		Crustacean	
Egg & Egg Derivatives Fish	<ul> <li>✓</li> <li>✓</li> </ul>		
Fish		Fgg & egg derivatives	
Fish	× /	288 4 688 4611441765	
Garlic		Fish	
	× /	Garlic	
/		Gluten	$\checkmark$
		Milk & milk derivatives	
-	$\checkmark$	Mollusc	
	/	Mushroom	
/		Mustard	
		Nuts	
		Onion	
		Peanuts	
		Soya	
Peanut	$\checkmark$	Sulphur dioxide/sulphites	
Sesame	$\checkmark$	>10mg/kg	
Soya	$\checkmark$	Tomato	
Tomato		Yeast	
Yeast			
Almond	$\checkmark$		
Brazil	$\checkmark$		
Cashew	$\checkmark$		
Hazlenut	$\checkmark$		
Macadamia	$\checkmark$		
Pecan			
Pistachio	×		
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	Mushroom Mustard Nuts Onion Peanut Sesame Soya Tomato Yeast Almond Brazil Cashew Hazlenut Macadamia Pecan	Milk & Milk Derivatives✓Mollusc✓Mushroom✓Mustard✓Mustard✓Nuts✓Onion✓Peanut✓Sesame✓Soya✓Tomato✓Yeast✓Almond✓Brazil✓Cashew✓Hazlenut✓Pecan✓Pistachio✓Queensland✓WheatRyeBarley	LupinImage: market intervaluesMilk & Milk DerivativesMilk & milk derivativesMolluscMushroomMushroomMushroomMusardMutsMusardOnionNutsPeanutsOnionSoyaSesameImage: SoyaSoyaTomatoYeastYeastAlmondImage: SoyaYeastImage: Soya <tr< td=""></tr<>

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Canal Road, Trowbridge, Wiltshire, BA14 8RJ U.K. Tel: 01225 753636 Fax: 01225 777084