



Kendamil[®]

product data card



Classic Ready to Feed 70ml

Description

Kendamil Classic Ready to Feed formula is available as 70ml bottles and comes with pre-sterilised teats for easy-feeding. Our Ready to feed uniquely avoids both palm oil and fish oil. Instead it's packed with natural cow's milk blended with healthy essential acids and plant-based DHA. Our Ready to Feed First Infant Milk is suitable from birth. This product is available for NHS ordering using code ABT096.

Presentation

Kendamil Ready To Feed 70ml is packaged in UHT sterilised plastic bottles.

Contraindications

Not suitable for infants with galactosaemia, lactose intolerance, or allergy to any of the ingredients.

Shelf life

12 months from date of manufacture.

Storage

Before use please check best before date. Do not heat feeds in a microwave, hot spots may occur and cause scalding. Never leave your baby alone during feeding. Store in a cool dry place between 5°C and 25°C. Bottles should remain in the box or in a dark place to protect the contents from light. Once the bottle is opened, before feeding, the milk can be kept refrigerated at <5°C for maximum 24 hours. For hygiene reasons, after feeding, discard unfinished milk in the feeding bottle immediately after use. Bottles and teats for single use only.

IMPORTANT NOTICE

Breastfeeding, enriched by a balanced mothers diet, is best for babies. Combined breast and bottle feeding may reduce milk supply. Deciding not to breastfeed is difficult to reverse and the social / financial implications of bottle feeding should be considered. Always follow manufacturers instructions carefully as improper use can present a health hazard or make your baby ill. Always consult your healthcare professional for advice on feeding.

Ingredients

Allergen advice see ingredients in **bold**.

Water, Whey Powder Partially Demineralised (from **Milk**), Vegetable Oils (Sunflower Oil High Oleic, Rapeseed Oil, Sunflower Oil), Lactose (from **Milk**), Skimmed **Milk** Powder, Galacto-oligosaccharides (from **Milk**), Emulsifier (Soy Lecithins), Potassium Citrate, Calcium salts of Orthophosphoric Acid, Calcium salts of Citric Acid, Sodium Chloride, Oil from Mortierella Alpina, Oil from microalgae Schizochytrium sp., Calcium Chloride, Magnesium salts of Orthophosphoric Acid, L-Phenylalanine, Vitamin C, Choline Chloride, Sodium Citrate, Potassium Hydroxide, Acidity regulator: Citric Acid, L-Tryptophan, L-Histidine, L-Cystine, Inositol, Taurine, Vitamin E, Zinc Sulphate, Iron Sulphate, Niacin, Pantothenic Acid, Cupric Sulphate, Vitamin A, Manganese Sulphate, Vitamin B1, Vitamin B6, Potassium Iodide, Folic Acid, Sodium Selenite, Vitamin K, Vitamin D, Biotin, Vitamin B12.

Typical Nutritional Values

		per 100ml	per 100kcal				
				Thiamin (Vitamin B1)	mg	0.061	0.094
Energy	kJ	272	418	Riboflavin (Vitamin B2)	mg	0.09	0.14
	kcal	65	100	Niacin	mg	0.5	0.77
Fat	g	3.3	5.1	Vitamin B6	mg	0.063	0.097
Saturated fatty acids	g	0.31	0.48	Folate	µg-DFE	20	31
Mono-unsaturated fatty acids	g	2.29	3.52	Vitamin B12	µg	0.2	0.31
Poly-unsaturated fatty acids	g	0.75	1.15	Pantothenic Acid	mg	0.6	0.9
Omega 3				Biotin	mg	0.002	0.003
α-Linolenic Acid (ALA)	mg	57	88	Minerals			
Docosahexaenoic Acid (DHA - LCP)*	mg	16.5	25.4	Sodium	mg	26.5	41
Omega 6				Potassium	mg	63	97
Linoleic Acid (LA)	mg	620	954	Chloride	mg	60	92
Arachidonic Acid (AA – LCP)	mg	16.5	25.4	Calcium	mg	58	89
Total Carbohydrate	g	7.3	11.2	Phosphorous	mg	37.4	57.5
-of which sugars	g	7.1	10.9	Magnesium	mg	6.5	10
-of which lactose	g	7	10.8	Iron	mg	0.44	0.68
Fibres	g	<0.5	<0.77	Zinc	mg	0.49	0.75
Galacto-oligosaccharides (GOS)	g	0.46	0.5	Copper	mg	0.052	0.08
Protein (N x 6.25)	g	1.3	2	Iodine	µg	14.5	22.3
Whey	g	0.75	1.15	Selenium	µg	3.8	5.8
Casein	g	0.5	0.77	Manganese	mg	0.032	0.049
Whey:Casein	-	60:40	60:40	Fluoride	mg	<0.016	<0.025
Vitamins				Others			
Vitamin A	µg-RE	60	92	Taurine	mg	3	4.6
Vitamin D	µg	1.5	2.3	Choline	mg	24	37
Vitamin E	mg	2.1	3.2	Inositol	mg	6.2	9.5
Vitamin K	µg	6	9.2	L- Carnitine	mg	1.4	2.2
Vitamin C	mg	11	16.9				

Feeding Table

This feeding table should only be used as a guide. All babies are different and so may require more or less than is shown below. Kendamil Ready to Feed should be fed on demand.

Approx. age of baby	Approx. weight of baby		Single feed		Feeds per 24 hrs
	kg	lb	ml	fl oz	
Up to 2 weeks**	3.5	7.75	90	3	6
2-4 weeks	3.9	8.5	120	4	5
4-8 weeks	4.7	10.5	150	5	5
8-12 weeks	5.4	12	180	6	5
3-4 months	6.2	13.75	180	6	5
4-5 months	6.9	15.25	210	7	5
5-6 months	7.6	16.75	210	7	5
7-12 months	-	-	210	7	3

**Newborn babies may take only small amounts of infant formula to start with. Your baby may need more or less than the feeding guide above. This information is given as a guide only.

Preparation

CHECK CAP BEFORE OPENING. DO NOT USE IF SEAL IS BROKEN. PLEASE FOLLOW THESE INSTRUCTIONS CAREFULLY
FAILURE TO FOLLOW INSTRUCTIONS MAY MAKE YOUR BABY ILL.

1. Wash hands and warm the feed by standing the sealed bottle in a bain marie of hot water.
2. SHAKE BOTTLE WELL. Unscrew cap and carefully remove aluminium foil seal. Dispose of both cap and seal carefully.
3. Add sterilised teat by holding the teat ring and screwing directly onto the bottle. Test temperature on your wrist before feeding.

If feed has not been used within 1 hour, we recommend that you throw it away and start again. Do not add food products such as cows' milk and do not re-heat in a microwave.